

3A/4A Regional Track Meet - 5/17/2013 to 5/18/2013

Spokane Falls CC

Results

Girls 100 Meter Dash 3A

Regional: 11.9h R 1981 Ericka Harris
12.53 STAT State Min. Standard

Name	Yr	School	Prelims
Preliminaries			
1	214	Ellie Heiden	11 Kamiakin 12.57q
2	576	Sofia Pizzillo	10 Shadle Park 12.71q
3	607	Kylie Fraga	11 Southridge 12.87q
4	613	Bree Lane	11 Southridge 12.96q
5	224	Samantha Raines	10 Kamiakin 13.02q
6	554	Sydney Roberts	12 Rogers-Spoka 13.12q
7	610	Mertece Hatchet	9 Southridge 13.13q
8	603	Marissa Berry	10 Southridge 13.44q
9	259	Jacqueline Ines	12 Kennewick 13.50
10	254	Jenna Ballandby	12 Kennewick 13.57
11	669	Hailey Love	9 University 13.71
12	366	Riley Ackerman	9 Mt Spokane 13.74
13	368	Ciara Bland	10 Mt Spokane 13.82
14	557	Karina Zhelez	10 Rogers-Spoka 13.89
15	390	Tiffany Ranieri	9 Mt Spokane 13.91

Girls 100 Meter Dash 3A

Regional: 11.9h R 1981 Ericka Harris
12.53 STAT State Min. Standard

Name	Yr	School	Finals
Finals			
1	214	Ellie Heiden	11 Kamiakin 12.33 STAT
2	576	Sofia Pizzillo	10 Shadle Park 12.72 8
3	613	Bree Lane	11 Southridge 12.94 6
4	554	Sydney Roberts	12 Rogers-Spoka 13.06 5
5	610	Mertece Hatchet	9 Southridge 13.13 4
6	224	Samantha Raines	10 Kamiakin 13.20 3
7	603	Marissa Berry	10 Southridge 13.55 2
---	607	Kylie Fraga	11 Southridge DNS

Girls 200 Meter Dash 3A

Regional: 24.3h R 1981 Ericka Harris
25.64 STAT State Min. Standard

Name	Yr	School	Prelims
Preliminaries			
1	206	Kyra Brannan	12 Kamiakin 25.31q STAT
2	214	Ellie Heiden	11 Kamiakin 25.65q
3	576	Sofia Pizzillo	10 Shadle Park 25.88q
4	606	Nicole Edwards	10 Southridge 25.97q
5	613	Bree Lane	11 Southridge 26.23q
6	224	Samantha Raines	10 Kamiakin 26.97q
7	663	Kendra Hamm	12 University 26.99q
8	254	Jenna Ballandby	12 Kennewick 27.20q
9	669	Hailey Love	9 University 27.22
10	372	Arizona Davis	10 Mt Spokane 27.27
11	565	Kaelyn Baker	9 Shadle Park 27.44
12	124	Rebecca Arneson	10 Hanford 28.08
13	368	Ciara Bland	10 Mt Spokane 28.37
14	216	Nicole Lee	10 Kamiakin 28.52
15	677	Emily Smith	9 University 29.07

Girls 200 Meter Dash 3A

Regional: 24.3h R 1981 Ericka Harris
25.64 STAT State Min. Standard

Name	Yr	School	Finals
Finals			
1	214	Ellie Heiden	11 Kamiakin 24.71 STAT
2	206	Kyra Brannan	12 Kamiakin 24.95 STAT
3	606	Nicole Edwards	10 Southridge 25.66 6
4	576	Sofia Pizzillo	10 Shadle Park 25.85 5
5	613	Bree Lane	11 Southridge 26.29 4
6	663	Kendra Hamm	12 University 26.39 3
7	224	Samantha Raines	10 Kamiakin 26.66 2
8	254	Jenna Ballandby	12 Kennewick 27.03 1

Girls 400 Meter Dash 3A

Regional: 53.6h R 1982 Ericka Harris
57.12 STAT State Min. Standard

Name	Yr	School	Prelims
Preliminaries			
1	214	Ellie Heiden	11 Kamiakin 59.56q
2	663	Kendra Hamm	12 University 1:01.10q
3	133	Amy Pfaff	12 Hanford 1:01.48q
4	387	Ashlee Pedersen	11 Mt Spokane 1:01.81q
5	259	Jacqueline Ines	12 Kennewick 1:02.04q
6	554	Sydney Roberts	12 Rogers-Spoka 1:02.30q
7	219	Lexi McQueary	10 Kamiakin 1:02.86q
8	565	Kaelyn Baker	9 Shadle Park 1:03.66q
9	645	Jeniya Guillen	9 Sunnyside 1:03.91
10	266	Stefanie Sixtos	12 Kennewick 1:03.94
11	429	Haydn Lieseke	11 North Centra 1:05.26
12	216	Nicole Lee	10 Kamiakin 1:06.23
13	139	Brittany Vander Top	9 Hanford 1:06.81

Girls 400 Meter Dash 3A

Regional: 53.6h R 1982 Ericka Harris
57.12 STAT State Min. Standard

Name	Yr	School	Finals
Finals			
1	214	Ellie Heiden	11 Kamiakin 55.26 STAT
2	387	Ashlee Pedersen	11 Mt Spokane 56.80 STAT
3	133	Amy Pfaff	12 Hanford 59.62 6
4	663	Kendra Hamm	12 University 59.70 5
5	554	Sydney Roberts	12 Rogers-Spoka 1:02.48 4
6	259	Jacqueline Ines	12 Kennewick 1:03.60 3
7	565	Kaelyn Baker	9 Shadle Park 1:04.76 2
---	219	Lexi McQueary	10 Kamiakin DNS

Girls 800 Meter Run 3A

Regional: 2:13.5h R 1984 Penny Graves
2:14.23 STAT State Min. Standard

Name	Yr	School	Prelims
Preliminaries			
1	678	Ashlie Standow	12 University 2:21.75q
2	204	Megan Beauchene	11 Kamiakin 2:22.30q
3	388	Hannah Pomante	10 Mt Spokane 2:23.98q

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Preliminaries ... (Girls 800 Meter Run 3A)

Name	Yr	School	Prelims
4 133 Amy Pfaff	12	Hanford	2:24.03q
5 382 Micaela Kostecka	9	Mt Spokane	2:24.77q
6 221 Emily Moon	10	Kamiakin	2:25.46q
6 676 Elizabeth Smith	11	University	2:25.46q
8 675 Courtney Sherick	11	University	2:25.98q
9 569 Chloe Brooks	11	Shadle Park	2:26.84
10 616 Rylee Russell	11	Southridge	2:27.08
11 394 Brooklin Young	12	Mt Spokane	2:33.16
12 210 Alexia Estrada	10	Kamiakin	2:34.69
13 383 Jessica McKernan	10	Mt Spokane	2:35.76
14 218 Lindsey Lowe	9	Kamiakin	2:41.11
15 230 Shelby Williams	9	Kamiakin	2:41.83
16 611 Alissa Huff	9	Southridge	2:46.78

Girls 800 Meter Run 3A

Regional: 2:13.5h R 1984 Penny Graves
2:14.23 STAT State Min. Standard

Name	Yr	School	Finals
Finals			
1 204 Megan Beauchene	11	Kamiakin	2:15.43 10
2 678 Ashlie Standow	12	University	2:17.07 8
3 221 Emily Moon	10	Kamiakin	2:17.57 6
4 388 Hannah Pomante	10	Mt Spokane	2:21.81 5
5 133 Amy Pfaff	12	Hanford	2:21.96 4
6 382 Micaela Kostecka	9	Mt Spokane	2:24.00 3
7 675 Courtney Sherick	11	University	2:25.57 2
8 676 Elizabeth Smith	11	University	2:41.67 1

Girls 1600 Meter Run 3A

Regional: 4:58.11 R 2007 Katrina Drennen
4:55.59 STAT State Min. Standard

Name	Yr	School	Finals
Finals			
1 428 Katie Knight	12	North Centra	4:46.26RSTAT
2 204 Megan Beauchene	11	Kamiakin	4:51.38RSTAT
3 211 Michelle Fletcher	12	Kamiakin	5:14.75 6
4 675 Courtney Sherick	11	University	5:16.62 5
5 615 Leslie Olsen	12	Southridge	5:27.53 4
6 579 Emily Stone	12	Shadle Park	5:28.45 3
7 571 Gabi Gomez-Wint	10	Shadle Park	5:30.65 2
8 676 Elizabeth Smith	11	University	5:35.83 1
9 570 Lauren Dunnell	10	Shadle Park	5:37.37
10 617 Annie Samuelson	10	Southridge	5:40.17
11 210 Alexia Estrada	10	Kamiakin	5:42.18
12 374 Makenna Endebrook	9	Mt Spokane	5:45.57
13 218 Lindsey Lowe	9	Kamiakin	5:54.24
14 138 Zoe Soran	10	Hanford	5:56.77
15 776 Emily Palmer	11	North Centra	5:59.76
16 264 Melissa Schmitz	12	Kennewick	6:07.65

Girls 3200 Meter Run 3A

Regional: 10:36.82 R 2007 Katrina Drennen
10:42.25 STAT State Min. Standard

Name	Yr	School	Finals
Finals			
1 428 Katie Knight	12	North Centra	11:17.57 10
2 211 Michelle Fletcher	12	Kamiakin	11:34.18 8
3 612 Emily Kump	10	Southridge	11:53.01 6
4 571 Gabi Gomez-Wint	10	Shadle Park	11:56.43 5
5 570 Lauren Dunnell	10	Shadle Park	11:58.77 4
6 207 Brittany Brooks	11	Kamiakin	12:08.49 3
7 667 Kelsey Jerome	11	University	12:11.11 2
8 225 Kaylee Sanchez	9	Kamiakin	12:13.56 1
9 579 Emily Stone	12	Shadle Park	12:16.88
10 134 Haley Porter	11	Hanford	12:17.28
11 617 Annie Samuelson	10	Southridge	12:28.95
12 776 Emily Palmer	11	North Centra	12:38.57
13 572 Nicole Hecla	10	Shadle Park	12:40.96
14 619 Allie Stites	9	Southridge	12:42.77
15 605 Jamie Callahan	10	Southridge	13:03.28
--- 580 Kendra Weitz	12	Shadle Park	DNF

Girls 100 Meter Hurdles 3A

Regional: 14.49 R 2006 Angela Jensen
15.36 STAT State Min. Standard

Name	Yr	School	Prelims
Preliminaries			
1 618 Michelle Snider	12	Southridge	15.39q
2 226 Lindsey Schauble	10	Kamiakin	15.76q
3 208 Heather Donais	9	Kamiakin	16.52q
4 553 MARRISA PIERCE	12	Rogers-Spoka	16.60q
5 568 Ainslee Bessmer	12	Shadle Park	16.76q
6 578 Sidney Ritter	10	Shadle Park	16.80q
7 378 Jordan Harris	11	Mt Spokane	16.97q
8 222 Dariann Oaks	10	Kamiakin	17.01q
9 391 Deja Sanders	9	Mt Spokane	17.09
10 642 Brittney Broersma	11	Sunnyside	17.22
11 677 Emily Smith	9	University	17.40
12 223 Jori Perrins	11	Kamiakin	17.50
13 608 Samantha Gifford	11	Southridge	17.56
14 434 Courtney Wanke	11	North Centra	17.74
15 672 Lecia Renecker	11	University	17.94
16 260 Shelby Ines	12	Kennewick	18.03

Girls 100 Meter Hurdles 3A

Regional: 14.49 R 2006 Angela Jensen
15.36 STAT State Min. Standard

Name	Yr	School	Finals
Finals			
1 618 Michelle Snider	12	Southridge	15.45 10
2 226 Lindsey Schauble	10	Kamiakin	15.62 8
3 553 MARRISA PIERCE	12	Rogers-Spoka	16.65 6
4 568 Ainslee Bessmer	12	Shadle Park	16.68 5
5 208 Heather Donais	9	Kamiakin	16.74 4
6 578 Sidney Ritter	10	Shadle Park	16.82 3

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Finals ... (Girls 100 Meter Hurdles 3A)

Name	Yr	School	Finals
7 222 Dariann Oaks	10	Kamiakin	17.49 2
8 378 Jordan Harris	11	Mt Spokane	17.52 1

Girls 300 Meter Hurdles 3A

Regional: 44.76 R 2006 Angela Jensen
45.12 STAT State Min. Standard

Name	Yr	School	Prelims
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Preliminaries

1 226 Lindsey Schauble	10	Kamiakin	46.28q
2 208 Heather Donais	9	Kamiakin	46.63q
3 433 Deja Svastisalee	11	North Centra	46.64q
4 642 Brittney Broersma	11	Sunnyside	47.86q
5 391 Deja Sanders	9	Mt Spokane	48.27q
6 222 Dariann Oaks	10	Kamiakin	48.41q
7 378 Jordan Harris	11	Mt Spokane	48.45q
8 614 Katelyn McLaughlin	12	Southridge	49.41q
9 255 Bianca Chavez	9	Kennewick	49.64
10 568 Ainslee Bessmer	12	Shadle Park	50.38
11 578 Sidney Ritter	10	Shadle Park	50.79
12 671 Jasmine McDaniel	12	University	50.94
13 672 Lecia Renecker	11	University	51.44
14 608 Samantha Gifford	11	Southridge	52.63
15 661 Miranda Berg	10	University	54.32
--- 256 Nyakier Deng	10	Kennewick	DNS

Girls 300 Meter Hurdles 3A

Regional: 44.76 R 2006 Angela Jensen
45.12 STAT State Min. Standard

Name	Yr	School	Finals
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Finals

1 433 Deja Svastisalee	11	North Centra	45.64 10
2 208 Heather Donais	9	Kamiakin	47.04 8
3 642 Brittney Broersma	11	Sunnyside	47.90 6
4 614 Katelyn McLaughlin	12	Southridge	48.30 5
5 222 Dariann Oaks	10	Kamiakin	48.53 4
6 391 Deja Sanders	9	Mt Spokane	48.86 3
7 226 Lindsey Schauble	10	Kamiakin	49.18 2
8 378 Jordan Harris	11	Mt Spokane	49.84 1

Girls 4x100 Meter Relay 3A

Regional: 49.39 R 2008 Peninsula
49.45 STAT State Min. Standard

Team	Relay	Prelims
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Preliminaries

1 Southridge		R 48.23q STAT
1) 610 Mertece Hatchet 9	2) 606 Nicole Edwards 10	
3) 618 Michelle Snider 12	4) 607 Kylie Fraga 11	
2 Kamiakin		R 48.29q STAT
1) 226 Lindsey Schauble 10	2) 208 Heather Donais 9	
3) 206 Kyra Brannan 12	4) 224 Samantha Raines 10	
3 Mt Spokane		R 48.62q STAT
1) 384 Katie Nilsson 11	2) 372 Arizona Davis 10	
3) 381 Cheyenne Konrad 10	4) 387 Ashlee Pedersen 11	

4 Shadle Park		R 49.11q STAT
1) 573 Amanda Konynenbelt 11	2) 581 Rashae Williams 11	
3) 576 Sofia Pizzillo 10	4) 566 Hailey Barry 12	
5 Rogers-Spokane		51.65q
1) 763 Irina alekseyeva 12	2) 553 MARRISA PIERCE 12	
3) 557 Karina Zhelez 10	4) 554 Sydney Roberts 12	
6 Sunnyside		51.78q
1) 641 Vanessa Alvarez 11	2) 644 Leah Diddens 10	
3) 643 Laura Carrillo 11	4) 642 Brittney Broersma 11	
7 Hanford		52.02q
1) 136 Mikal Sanchez 9	2) 139 Brittany Vander Top 9	
3) 129 Haley Golden 10	4) 124 Rebecca Arneson 10	
8 University		52.62q
1) 677 Emily Smith 9	2) 669 Hailey Love 9	
3) 679 Breanna Upmeyer 9	4) 661 Miranda Berg 10	

Girls 4x100 Meter Relay 3A

Regional: 49.39 R 2008 Peninsula
D Wilson, K Erickson, H Gilman, M Foss
49.45 STAT State Min. Standard

Team	Relay	Finals
Finals		
1 Southridge		48.23RSTAT
2 Kamiakin		48.29RSTAT
3 Mt Spokane		48.62RSTAT
4 Shadle Park		49.11RSTAT
5 Rogers-Spokane		51.65 4
6 Sunnyside		51.78 3
7 Hanford		52.02 2
8 University		52.62 1

Girls 4x200 Meter Relay 3A

Regional: 1:45.3h R 1982 Gig Harbor
1:43.87 STAT State Min. Standard

Team	Relay	Prelims
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Preliminaries

1 Kamiakin		R 1:40.98q STAT
1) 226 Lindsey Schauble 10	2) 208 Heather Donais 9	
3) 206 Kyra Brannan 12	4) 214 Ellie Heiden 11	
2 Mt Spokane		R 1:43.13q STAT
1) 370 Kelly Brown 9	2) 372 Arizona Davis 10	
3) 381 Cheyenne Konrad 10	4) 387 Ashlee Pedersen 11	
3 Shadle Park		R 1:45.04q
1) 573 Amanda Konynenbelt 11	2) 581 Rashae Williams 11	
3) 576 Sofia Pizzillo 10	4) 566 Hailey Barry 12	
4 Southridge		1:46.53q
1) 602 Makenna Behrens 9	2) 613 Bree Lane 11	
3) 607 Kylie Fraga 11	4) 606 Nicole Edwards 10	
5 Kennewick		1:49.52q
1) 259 Jacqueline Ines 12	2) 266 Stefanie Sixtos 12	
3) 254 Jenna Ballandby 12	4) 260 Shelby Ines 12	
6 University		1:51.00q
1) 669 Hailey Love 9	2) 677 Emily Smith 9	
3) 661 Miranda Berg 10	4) 679 Breanna Upmeyer 9	

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Preliminaries ... (Girls 4x200 Meter Relay 3A)

Team	Relay	Prelims
7 Hanford		1:51.40q
1) 140 Allison Zahler 9	2) 136 Mikal Sanchez 9	
3) 133 Amy Pfaff 12	4) 124 Rebecca Arneson 10	
--- North Central		DQ
1) 421 Taya Campbell 9	2) 424 Claire Ecklund 9	
3) 432 Alisia Schrankel 11	4) 429 Haydn Lieseke 11	

Girls 4x200 Meter Relay 3A

Regional: 1:45.3h R 1982 Gig Harbor
1:43.87 STAT State Min. Standard

Team	Relay	Finals
1 Kamiakin		1:40.98RSTAT
2 Southridge		1:43.13RSTAT
3 Shadle Park		1:45.04R 6
4 Mt Spokane		1:46.53 5
5 Kennewick		1:49.52 4
6 University		1:51.00 3
7 Hanford		1:51.40 2

Girls 4x400 Meter Relay 3A

Regional: 3:56.5h R 1981 Gig Harbor
3:58.41 STAT State Min. Standard

Team	Relay	Prelims
1 Mt Spokane		3:57.55q STAT
1) 381 Cheyenne Konrad 10	2) 370 Kelly Brown 9	
3) 386 Ileisa Oleson 9	4) 387 Ashlee Pedersen 11	
2 Kamiakin		3:57.74q STAT
1) 205 Danielle Brandon 11	2) 204 Megan Beauchene 11	
3) 211 Michelle Fletcher 12	4) 221 Emily Moon 10	
3 North Central		3:59.98q
1) 430 Megan Murphy 11	2) 422 Megan Dean 9	
3) 433 Deja Svastisalee 11	4) 428 Katie Knight 12	
4 Southridge		4:08.29q
1) 616 Rylee Russell 11	2) 613 Bree Lane 11	
3) 614 Katelyn McLaughlin 12	4) 606 Nicole Edwards 10	
5 Sunnyside		4:17.06q
1) 641 Vanessa Alvarez 11	2) 644 Leah Diddens 10	
3) 645 Jeniya Guillen 9	4) 642 Brittney Broersma 11	
6 Kennewick		4:20.09q
1) 266 Stefanie Sixtos 12	2) 255 Bianca Chavez 9	
3) 260 Shelby Ines 12	4) Diana Mata 9	
7 University		4:21.77q
1) 671 Jasmine McDaniel 12	2) 676 Elizabeth Smith 11	
3) 675 Courtney Sherick 11	4) 672 Lecia Renecker 11	
8 Shadle Park		4:24.19q
1) 569 Chloe Brooks 11	2) 565 Kaelyn Baker 9	
3) 568 Ainslee Bessmer 12	4) 578 Sidney Ritter 10	

Girls 4x400 Meter Relay 3A

Regional: 3:56.5h R 1981 Gig Harbor
3:58.41 STAT State Min. Standard

Team	Relay	Finals
1 Mt Spokane		3:57.55 STAT
2 Kamiakin		3:57.74 STAT
3 North Central		3:59.98 6
4 Southridge		4:08.29 5
5 Sunnyside		4:17.06 4
6 Kennewick		4:20.09 3
7 University		4:21.77 2
8 Shadle Park		4:24.19 1

Girls High Jump 3A

Regional: 5-07 R 1978 Mary Ann Stoican
5-03.00 STAT State Min. Standard

Name	Yr	School	Finals
1 556 Tierra White	11	Rogers-Spoka	5-04.00 STAT
2 228 Andrea Stapleton	10	Kamiakin	5-04.00 STAT
3 620 Paige Thompson	11	Southridge	5-02.00 6
4 135 Monica Rowley	11	Hanford	4-10.00 5
5 663 Kendra Hamm	12	University	4-10.00 3
5 610 Mertece Hatchet	9	Southridge	4-10.00 3
5 258 Naylat Guich	11	Kennewick	4-10.00 3
8 268 Morgan Wilder	11	Kennewick	4-10.00 1
9 673 Ryann Rydeen	9	University	4-10.00
10 574 Malesha Lockett	11	Shadle Park	4-08.00
10 376 Taylor Flanagan	11	Mt Spokane	4-08.00
10 670 Kayla Lutz	10	University	4-08.00
10 566 Hailey Barry	12	Shadle Park	4-08.00
10 389 Amara Poquette	11	Mt Spokane	4-08.00
15 424 Claire Ecklund	9	North Centra	4-06.00
16 367 Jessika Babb	10	Mt Spokane	4-04.00

Girls Pole Vault 3A

Regional: 11-00 R 2008 Kara Kitchens
10-09.00 STAT State Min. Standard

Name	Yr	School	Finals
1 369 Courtney Bray	12	Mt Spokane	12-00.00RSTAT
2 668 Moriah Knowles	12	University	10-06.00 8
3 205 Danielle Brandon	11	Kamiakin	10-00.00 6
4 209 Rachel Ensign	9	Kamiakin	9-06.00 5
5 603 Marissa Berry	10	Southridge	9-06.00 4
6 126 Natalie Cramer	11	Hanford	9-06.00 3
7 224 Samantha Raines	10	Kamiakin	9-00.00 2
8 375 Shelby Ferris	11	Mt Spokane	9-00.00 1
9 674 Taylor Rydeen	12	University	9-00.00
10 389 Amara Poquette	11	Mt Spokane	8-00.00
11 662 Leslie French	11	University	7-06.00
11 257 Kelly Dyer	12	Kennewick	7-06.00
13 550 Maria Grisafi	12	Rogers-Spoka	7-00.00
--- 665 Juliana Hein	11	University	NH

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Finals ... (Girls Pole Vault 3A)

Name	Yr	School	Finals
--- 123 Amanda Andersen	9	Hanford	NH
--- 651 Tara Van Corbach	12	Sunnyside	DNS

Girls Long Jump 3A

Regional: 19-00 R 1986 Angie Tasker
17-09.75 STAT State Min. Standard

Name	Yr	School	Finals
Finals			
1 206 Kyra Brannan	12	Kamiakin	18-10.25 STAT
2 573 Amanda Konyonenbelt	11	Shadle Park	18-00.00 STAT
3 618 Michelle Snider	12	Southridge	17-04.00 6
4 663 Kendra Hamm	12	University	16-06.50 5
5 602 Makenna Behrens	9	Southridge	16-01.00 4
6 607 Kylie Fraga	11	Southridge	15-10.00 3
7 219 Lexi McQueary	10	Kamiakin	15-09.00 2
8 393 Raelyn Vogel	12	Mt Spokane	15-05.75 1
9 679 Breanna Upmeyer	9	University	15-05.00
10 139 Brittany Vander Top	9	Hanford	15-03.75
11 621 Alexandra Upton	11	Southridge	15-02.50
12 136 Mikal Sanchez	9	Hanford	15-02.00
12 376 Taylor Flanagan	11	Mt Spokane	15-02.00
14 662 Leslie French	11	University	14-08.00
15 391 Deja Sanders	9	Mt Spokane	13-05.00

Girls Triple Jump 3A

Regional: 37-08.50 R 2005 Nkeiru Ugwoaba
36-07.75 STAT State Min. Standard

Name	Yr	School	Finals
Finals			
1 430 Megan Murphy	11	North Centra	36-10.50 STAT
2 573 Amanda Konyonenbelt	11	Shadle Park	36-02.50 8
3 372 Arizona Davis	10	Mt Spokane	35-00.25 6
4 228 Andrea Stapleton	10	Kamiakin	34-10.50 5
5 581 Rashae Williams	11	Shadle Park	33-11.00 4
6 621 Alexandra Upton	11	Southridge	33-10.50 3
7 229 Sira Toure	11	Kamiakin	33-08.00 2
8 212 Katelynn Fullmer	11	Kamiakin	33-05.25 1
9 376 Taylor Flanagan	11	Mt Spokane	32-09.50
10 219 Lexi McQueary	10	Kamiakin	32-04.25
11 427 Brianna King	11	North Centra	31-10.00
12 254 Jenna Ballandby	12	Kennewick	31-02.75
13 223 Jori Perrins	11	Kamiakin	31-02.50
14 263 Kaeleanya Miller	11	Kennewick	30-09.50
15 550 Maria Grisafi	12	Rogers-Spoka	29-09.50
16 391 Deja Sanders	9	Mt Spokane	29-07.00

Girls Shot Put 3A

Regional: 43-01.50 R 2001 Marie Muai
40-00.75 STAT State Min. Standard

Name	Yr	School	Finals
Finals			
1 426 Sabrina Keys	11	North Centra	41-05.75 STAT
2 229 Sira Toure	11	Kamiakin	38-04.75 8
3 604 Kimberly Brinkworth	11	Southridge	37-10.25 6

4 262 Samantha Lester	11	Kennewick	37-03.25 5
5 212 Katelynn Fullmer	11	Kamiakin	36-04.50 4
6 137 Kendreya Skinner	12	Hanford	35-11.50 3
7 548 Taylor Dewey- Bucha	11	Rogers-Spoka	35-08.00 2
8 267 Panisesi Taimani	12	Kennewick	35-02.00 1
9 377 Kelsey Frank	12	Mt Spokane	33-05.50
10 125 Maddie Bingham	10	Hanford	32-11.00
11 648 Kendall Platsman	12	Sunnyside	32-10.00
12 547 Mashayla Combs	11	Rogers-Spoka	31-01.25
13 581 Rashae Williams	11	Shadle Park	30-06.75
14 666 Lexi Ivankovich	9	University	30-02.75
15 436 Danya Wordell	12	North Centra	28-10.75
16 577 Karlee Rayman	9	Shadle Park	28-00.50

Girls Discus Throw 3A

Regional: 143-08 R 2001 Marie Muai
118-02 STAT State Min. Standard

Name	Yr	School	Finals
Finals			
1 213 Elisa Grandemange	11	Kamiakin	139-02.50 STAT
2 229 Sira Toure	11	Kamiakin	122-08.00 STAT
3 262 Samantha Lester	11	Kennewick	117-07.50 6
4 426 Sabrina Keys	11	North Centra	104-01.00 5
5 548 Taylor Dewey- Bucha	11	Rogers-Spoka	101-03.00 4
6 267 Panisesi Taimani	12	Kennewick	101-01.50 3
7 436 Danya Wordell	12	North Centra	100-02.50 2
8 377 Kelsey Frank	12	Mt Spokane	98-03.00 1
9 555 Mattea Steeneck	11	Rogers-Spoka	96-03.25
10 129 Haley Golden	10	Hanford	94-07.00
11 265 Alena Sharp	11	Kennewick	91-01.00
12 549 Brittini Fencil	10	Rogers-Spoka	90-06.00
13 373 Adrienne Dotson	9	Mt Spokane	88-09.50
14 215 Rebecca Jones	10	Kamiakin	87-02.50
15 380 Emily Kiefer	11	Mt Spokane	87-01.75
16 227 Oumou Sidibe	12	Kamiakin	73-04.25

Girls Javelin Throw 3A

Regional: 141-01 R 2007 Amanda Peterson
126-04 STAT State Min. Standard

Name	Yr	School	Finals
Finals			
1 213 Elisa Grandemange	11	Kamiakin	126-01.00 10
2 220 Amanda Miller	11	Kamiakin	124-10.00 8
3 601 Paris Airoldi	11	Southridge	114-09.00 6
4 554 Sydney Roberts	12	Rogers-Spoka	112-11.00 5
5 566 Hailey Barry	12	Shadle Park	109-05.00 4
6 371 Brooklynn Callahan	11	Mt Spokane	108-00.00 3
7 217 Parker Lee	9	Kamiakin	102-07.00 2
8 567 Nicole Bennie	10	Shadle Park	98-01.00 1
9 551 Kristin Hunter	11	Rogers-Spoka	97-01.00
10 420 Megan Arnold	9	North Centra	95-08.00
11 609 Jaid Harris	9	Southridge	94-07.00
12 130 Leah Grant	11	Hanford	93-09.00
13 261 Kayla Kima	10	Kennewick	92-09.00
14 392 Emily Stiles	9	Mt Spokane	91-01.00
15 664 Neely Harding	9	University	86-03.00

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Results

Finals ... (Girls Javelin Throw 3A)

Name	Yr	School	Finals
16 257 Kelly Dyer	12	Kennewick	76-05.00

Girls 100 Meter Dash 4A

Regional: 11.66 R 2005 Princess Joy Griffey
12.32 STAT State Min. Standard

Name	Yr	School	Prelims
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Preliminaries

1 480 Claire Aurand	9	Richland	12.79q
2 500 Alyssa Powell	12	Richland	12.90q
3 285 Olivia Ellis	10	Lewis and Cl	13.09q
3 718 Allyson Gibbar	10	Walla Walla	13.09q
5 27 Ashtyn Turnbow	10	Central Vall	13.20q
6 460 Randa Engles	12	Pasco	13.22q
7 110 Maddie Weiler	12	Gonzaga Prep	13.26q
8 177 Maegan McCurdy	10	Joel Ferris	13.27q
9 708 Maggie Callan	12	Walla Walla	13.29
10 26 Madge Terry	9	Central Vall	13.33
10 65 Alyssa Conger	12	Chiawana	13.33
12 297 Janice Smith	11	Lewis and Cl	13.39
13 725 Hannah Moeller	11	Walla Walla	13.41
14 294 Sophia Owens	11	Lewis and Cl	13.51
15 99 Maggie Crockett	10	Gonzaga Prep	13.65
--- 491 Samantha Heilman	9	Richland	DQ

Girls 100 Meter Dash 4A

Regional: 11.66 R 2005 Princess Joy Griffey
12.32 STAT State Min. Standard

Name	Yr	School	Finals
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Finals

1 480 Claire Aurand	9	Richland	12.67	10
2 500 Alyssa Powell	12	Richland	12.78	8
3 285 Olivia Ellis	10	Lewis and Cl	12.90	6
4 460 Randa Engles	12	Pasco	13.19	5
5 718 Allyson Gibbar	10	Walla Walla	13.26	4
6 177 Maegan McCurdy	10	Joel Ferris	13.29	3
7 110 Maddie Weiler	12	Gonzaga Prep	13.39	2
8 27 Ashtyn Turnbow	10	Central Vall	13.44	1

Girls 200 Meter Dash 4A

Regional: 24.36 R 2005 Princess Joy Griffey
25.21 STAT State Min. Standard

Name	Yr	School	Prelims
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Preliminaries

1 500 Alyssa Powell	12	Richland	25.96q
2 480 Claire Aurand	9	Richland	26.38q
3 285 Olivia Ellis	10	Lewis and Cl	26.70q
4 719 Brittany Gibbar	12	Walla Walla	26.96q
5 101 Kayla Leland	11	Gonzaga Prep	27.06q
6 177 Maegan McCurdy	10	Joel Ferris	27.08q
7 712 Dominique Cox	12	Walla Walla	27.25q
8 27 Ashtyn Turnbow	10	Central Vall	27.27q
9 17 Michelle Nemeth	12	Central Vall	27.48
10 460 Randa Engles	12	Pasco	27.55
11 106 Melissa Symmes	9	Gonzaga Prep	27.63

12 466 Makena Snider	11	Pasco	27.80
13 13 Hailey Hawkins	11	Central Vall	28.09
14 26 Madge Terry	9	Central Vall	28.51
15 489 Megan Deen	12	Richland	28.67
--- 491 Samantha Heilman	9	Richland	DNS

Girls 200 Meter Dash 4A

Regional: 24.36 R 2005 Princess Joy Griffey
25.21 STAT State Min. Standard

Name	Yr	School	Finals
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Finals

1 500 Alyssa Powell	12	Richland	26.04	10
2 480 Claire Aurand	9	Richland	26.39	8
3 285 Olivia Ellis	10	Lewis and Cl	26.40	6
4 101 Kayla Leland	11	Gonzaga Prep	26.58	5
5 719 Brittany Gibbar	12	Walla Walla	26.89	4
6 712 Dominique Cox	12	Walla Walla	27.02	3
7 177 Maegan McCurdy	10	Joel Ferris	27.30	2
8 27 Ashtyn Turnbow	10	Central Vall	27.31	1

Girls 400 Meter Dash 4A

Regional: 55.6h R 1989 Monica Jackson
57.73 STAT State Min. Standard

Name	Yr	School	Prelims
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Preliminaries

1 500 Alyssa Powell	12	Richland	59.32q
1 285 Olivia Ellis	10	Lewis and Cl	59.32q
3 101 Kayla Leland	11	Gonzaga Prep	59.43q
4 497 Shanice Lakes	12	Richland	1:00.21q
5 318 Kylie Drynan	11	Mead	1:00.87q
6 11 Justine DelMedico	12	Central Vall	1:01.06q
7 479 Alexandra Andrew	9	Richland	1:02.38q
8 172 Mckenna Cutler	9	Joel Ferris	1:02.58q
9 284 Sydney Doneen	11	Lewis and Cl	1:03.23
10 487 Jessica Campos	10	Richland	1:03.94
11 281 Corinn Bryant	11	Lewis and Cl	1:04.37
12 105 Mary Smith	9	Gonzaga Prep	1:04.44
13 498 Hannah Lea	10	Richland	1:05.05
14 64 Sydney Boothe	12	Chiawana	1:05.07
15 725 Hannah Moeller	11	Walla Walla	1:05.25
16 72 Marylou Martinez	11	Chiawana	1:05.46

Girls 400 Meter Dash 4A

Regional: 55.6h R 1989 Monica Jackson
57.73 STAT State Min. Standard

Name	Yr	School	Finals
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Finals

1 497 Shanice Lakes	12	Richland	57.89	10
2 101 Kayla Leland	11	Gonzaga Prep	58.14	8
3 285 Olivia Ellis	10	Lewis and Cl	58.77	6
4 500 Alyssa Powell	12	Richland	59.77	5
5 318 Kylie Drynan	11	Mead	59.82	4
6 11 Justine DelMedico	12	Central Vall	1:01.08	3
7 172 Mckenna Cutler	9	Joel Ferris	1:02.19	2
8 479 Alexandra Andrew	9	Richland	1:03.48	1

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Girls 800 Meter Run 4A

Regional: 2:10.51 R 2005 Brie Felnagle
2:16.09 STAT State Min. Standard

Name	Yr	School	Prelims
Preliminaries			
1	3	Briegan Bester	9 Central Vall 2:22.05Q
2	499	Lauren Perry	11 Richland 2:25.53Q
3	493	Kinzie Icyan	11 Richland 2:25.67Q
4	9	Brielle Crump	9 Central Vall 2:26.66Q
5	323	Kaylee Jackson	12 Mead 2:26.10Q
6	726	Rachel Nelson	12 Walla Walla 2:27.15Q
7	104	Lynsay Saunders	12 Gonzaga Prep 2:26.61q
8	173	Berkeley Guenzel	9 Joel Ferris 2:27.20q
9	498	Hannah Lea	10 Richland 2:28.19
10	19	Courtney Owens	11 Central Vall 2:28.20
11	18	Sydney Orr	10 Central Vall 2:28.94
12	481	Samantha Bagley	11 Richland 2:30.11
13	63	Andrea Bonnington	11 Chiawana 2:30.91
14	280	Dannie Baird	10 Lewis and Cl 2:31.42
15	506	Kayla Watson	12 Richland 2:33.37
16	67	Samantha Cowan	12 Chiawana 2:34.84

Girls 800 Meter Run 4A

Regional: 2:10.51 R 2005 Brie Felnagle
2:16.09 STAT State Min. Standard

Name	Yr	School	Finals
Finals			
1	499	Lauren Perry	11 Richland 2:16.59 10
2	3	Briegan Bester	9 Central Vall 2:18.53 8
3	9	Brielle Crump	9 Central Vall 2:19.25 6
4	173	Berkeley Guenzel	9 Joel Ferris 2:24.87 5
5	104	Lynsay Saunders	12 Gonzaga Prep 2:26.20 4
6	726	Rachel Nelson	12 Walla Walla 2:26.37 3
7	323	Kaylee Jackson	12 Mead 2:27.12 2
8	493	Kinzie Icyan	11 Richland 2:27.49 1

Girls 1600 Meter Run 4A

Regional: 4:49.14 R 2006 Nicole Cochran
5:01.83 STAT State Min. Standard

Name	Yr	School	Finals
Finals			
1	3	Briegan Bester	9 Central Vall 5:05.02 10
2	169	Anisa Allaet	10 Joel Ferris 5:08.23 8
3	484	Lindsey Bradley	10 Richland 5:08.99 6
4	493	Kinzie Icyan	11 Richland 5:20.00 5
5	711	Courtney Cox	10 Walla Walla 5:21.83 4
6	16	Alexandria Moore	12 Central Vall 5:27.09 3
7	292	Gracie Ledwith	11 Lewis and Cl 5:28.47 2
8	774	Cyra Carlson	10 Gonzaga Prep 5:28.48 1
9	481	Samantha Bagley	11 Richland 5:29.11
10	486	Sidney Bullock	10 Richland 5:29.51
11	102	Ann Moloney	10 Gonzaga Prep 5:30.95
12	717	Catherine Feistner	11 Walla Walla 5:33.15
13	298	Allegra VanderWilde	9 Lewis and Cl 5:36.90
14	18	Sydney Orr	10 Central Vall 5:37.67

15 733 Jennifer Wall 11 Walla Walla 6:00.34

Girls 3200 Meter Run 4A

Regional: 10:21.4h R 1981 Patty Matava
10:56.22 STAT State Min. Standard

Name	Yr	School	Finals
Finals			
1	484	Lindsey Bradley	10 Richland 11:07.18 10
2	16	Alexandria Moore	12 Central Vall 11:15.40 8
3	292	Gracie Ledwith	11 Lewis and Cl 11:19.15 6
4	711	Courtney Cox	10 Walla Walla 11:23.99 5
5	774	Cyra Carlson	10 Gonzaga Prep 11:38.33 4
6	102	Ann Moloney	10 Gonzaga Prep 11:50.77 3
7	486	Sidney Bullock	10 Richland 11:55.02 2
8	32	Sarah White	10 Central Vall 11:55.46 1
9	722	Hannah Hampson	11 Walla Walla 11:56.24
10	5	Kayla Boyer	9 Central Vall 11:58.02
11	298	Allegra VanderWilde	9 Lewis and Cl 12:13.53
12	713	Lea Davidson	11 Walla Walla 12:29.46
13	108	Brianna Troksa	11 Gonzaga Prep 12:38.34
14	733	Jennifer Wall	11 Walla Walla 12:46.61
15	724	Emily Leinweber	10 Walla Walla 13:17.92
16	79	Genesis Taber	9 Chiawana 13:39.46

Girls 100 Meter Hurdles 4A

Regional: 14.2h R 1985 Joyce Schweim
15.29 STAT State Min. Standard

Name	Yr	School	Prelims
Preliminaries			
1	14	Madison Hovren	10 Central Vall 16.10q
2	103	Vanessa Santorsola	12 Gonzaga Prep 16.14q
3	68	Cara Gilmore	10 Chiawana 16.22q
4	296	Emily Romasko	11 Lewis and Cl 16.31q
5	176	Abby Liss	12 Joel Ferris 16.65q
6	1	Rachel Backsen	12 Central Vall 16.75q
7	495	Amanda Kraus	12 Richland 16.77q
8	334	Emilie Woodd	12 Mead 16.90q
9	325	Morgan Konynenbelt	9 Mead 17.33
10	461	Cameron Estes	12 Pasco 17.47
11	731	Hope Snyder	10 Walla Walla 17.50
12	76	Madison Powers	12 Chiawana 17.52
13	720	Colleen Gibbons	10 Walla Walla 17.80
14	488	Dani Castillo	10 Richland 17.98
15	322	Kathryn Imming	12 Mead 21.20
---	485	Kelly Breard	12 Richland DNF

Girls 100 Meter Hurdles 4A

Regional: 14.2h R 1985 Joyce Schweim
15.29 STAT State Min. Standard

Name	Yr	School	Finals
Finals			
1	103	Vanessa Santorsola	12 Gonzaga Prep 15.91 10
2	68	Cara Gilmore	10 Chiawana 16.08 8
3	14	Madison Hovren	10 Central Vall 16.26 6
4	176	Abby Liss	12 Joel Ferris 16.48 5
5	1	Rachel Backsen	12 Central Vall 16.61 4

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Results

Finals ... (Girls 100 Meter Hurdles 4A)

Name	Yr	School	Finals
6 495 Amanda Kraus	12	Richland	16.68 3
7 296 Emily Romasko	11	Lewis and Cl	16.80 2
8 334 Emilie Woodd	12	Mead	16.89 1

Girls 300 Meter Hurdles 4A

Regional: 43.58 R 2008 Kayla Stueckle
44.85 STAT State Min. Standard

Name	Yr	School	Prelims
Preliminaries			
1 710 Ashley Cornia	12	Walla Walla	46.12q
2 296 Emily Romasko	11	Lewis and Cl	47.55q
3 326 Melissa Macy	12	Mead	47.58q
4 176 Abby Liss	12	Joel Ferris	47.64q
5 1 Rachel Backsen	12	Central Vall	48.23q
6 103 Vanessa Santorsola	12	Gonzaga Prep	48.47q
7 14 Madison Hovren	10	Central Vall	48.52q
8 488 Dani Castillo	10	Richland	48.99q
9 68 Cara Gilmore	10	Chiawana	49.70
10 463 Laura Maldonado	10	Pasco	50.10
11 485 Kelly Breard	12	Richland	50.13
12 502 Svetlana Schweiger	12	Richland	50.35
12 184 Maison Stults	10	Joel Ferris	50.35
14 329 Sydney Pfarr	10	Mead	50.53
15 461 Cameron Estes	12	Pasco	51.11
16 731 Hope Snyder	10	Walla Walla	51.61

Girls 300 Meter Hurdles 4A

Regional: 43.58 R 2008 Kayla Stueckle
44.85 STAT State Min. Standard

Name	Yr	School	Finals
Finals			
1 710 Ashley Cornia	12	Walla Walla	46.11 10
2 103 Vanessa Santorsola	12	Gonzaga Prep	47.16 8
3 14 Madison Hovren	10	Central Vall	47.59 6
4 296 Emily Romasko	11	Lewis and Cl	47.69 5
5 326 Melissa Macy	12	Mead	47.96 4
6 1 Rachel Backsen	12	Central Vall	48.66 3
7 488 Dani Castillo	10	Richland	49.97 2
8 176 Abby Liss	12	Joel Ferris	54.71 1

Girls 4x100 Meter Relay 4A

Regional: 47.26 R 2008 Bellarmine Prep
48.95 STAT State Min. Standard

Team	Relay	Prelims
Preliminaries		
1 Richland		49.57q
1) 480 Claire Aurand 9	2) 489 Megan Deen 12	
3) 501 Elizabeth Quick 12	4) 491 Samantha Heilman 9	
2 Central Valley		49.62q
1) 26 Madge Terry 9	2) 27 Ashtyn Turnbow 10	
3) 17 Michelle Nemeth 12	4) 10 Mariah Cunningham 11	

3 Walla Walla	49.79q
1) 725 Hannah Moeller 11	2) 712 Dominique Cox 12
3) 708 Maggie Callan 12	4) 718 Allyson Gibbar 10
4 Joel Ferris	50.44q
1) 176 Abby Liss 12	2) 177 Maegan McCurdy 10
3) 179 Monica Mueller 12	4) 172 Mckenna Cutler 9
5 Gonzaga Prep	50.94q
1) 107 Tara Tormey 11	2) 110 Maddie Weiler 12
3) 109 Kaitlin Troy 9	4) 99 Maggie Crockett 10
6 Lewis and Clark	51.07q
1) 279 Maia Angell 9	2) 294 Sophia Owens 11
3) 297 Janice Smith 11	4) 296 Emily Romasko 11
7 Chiawana	51.87q
1) 65 Alyssa Conger 12	2) 66 Andraya Conger 9
3) 70 Marisa Konen 11	4) 62 Jenna Batey 12

Girls 4x100 Meter Relay 4A

Regional: 47.26 R 2008 Bellarmine Prep
S Hartwell, S Logan, R Teclemariam, K Jacka
48.95 STAT State Min. Standard

Team	Relay	Finals
Finals		
1 Central Valley		49.62 10
2 Walla Walla		49.79 8
3 Joel Ferris		50.44 6
4 Gonzaga Prep		50.94 5
5 Lewis and Clark		51.07 4
6 Chiawana		51.87 3
--- Richland		DQ

Girls 4x200 Meter Relay 4A

Regional: 1:40.0h R 1982 Clover Park
1:43.10 STAT State Min. Standard

Team	Relay	Prelims
Preliminaries		
1 Lewis and Clark		1:45.74q
1) 295 Maggie Ray 9	2) 287 Hadyn Gabbert 10	
3) 284 Sydney Doneen 11	4) 285 Olivia Ellis 10	
2 Central Valley		1:46.09q
1) 13 Hailey Hawkins 11	2) 17 Michelle Nemeth 12	
3) 27 Ashtyn Turnbow 10	4) 4 Erika Bowden 12	
3 Gonzaga Prep		1:46.73q
1) 110 Maddie Weiler 12	2) 99 Maggie Crockett 10	
3) 106 Melissa Symmes 9	4) 109 Kaitlin Troy 9	
4 Joel Ferris		1:47.34q
1) 177 Maegan McCurdy 10	2) 172 Mckenna Cutler 9	
3) 180 Maegan O'Neill 10	4) 178 Lauren Miller 10	
5 Richland		1:50.28q
1) 488 Dani Castillo 10	2) 502 Svetlana Schweiger 12	
3) 489 Megan Deen 12	4) 482 Siena Becker 9	
--- Walla Walla		DQ
1) 719 Brittany Gibbar 12	2) 712 Dominique Cox 12	
3) 708 Maggie Callan 12	4) 710 Ashley Cornia 12	

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Girls 4x200 Meter Relay 4A

Regional: 1:40.0h R 1982 Clover Park
1:43.10 STAT State Min. Standard

Team	Relay	Finals
Finals		
1	Lewis and Clark	1:45.74 10
2	Central Valley	1:46.09 8
3	Gonzaga Prep	1:46.73 6
4	Joel Ferris	1:47.34 5
5	Richland	1:50.28 4

Girls 4x400 Meter Relay 4A

Regional: 3:52.4h R 1983 Lincoln
3:58.10 STAT State Min. Standard

Team	Relay	Prelims
Preliminaries		
1	Walla Walla	3:58.15q
	1) 710 Ashley Cornia 12	2) 712 Dominique Cox 12
	3) 719 Brittany Gibbar 12	4) 708 Maggie Callan 12
2	Richland	4:00.72q
	1) 497 Shanice Lakes 12	2) 499 Lauren Perry 11
	3) 488 Dani Castillo 10	4) 500 Alyssa Powell 12
3	Central Valley	4:04.16q
	1) 9 Brielle Crump 9	2) 17 Michelle Nemeth 12
	3) 11 Justine DelMedico 12	4) 14 Madison Hovren 10
4	Gonzaga Prep	4:07.45q
	1) 104 Lysnay Saunders 12	2) 106 Melissa Symmes 9
	3) 99 Maggie Crockett 10	4) 101 Kayla Leland 11
5	Mead	4:09.29q
	1) 326 Melissa Macy 12	2) 328 Demi Pfarr 12
	3) 323 Kaylee Jackson 12	4) 318 Kylie Drynan 11
6	Lewis and Clark	4:14.62q
	1) 295 Maggie Ray 9	2) 280 Dannie Baird 10
	3) 281 Corinn Bryant 11	4) 284 Sydney Doneen 11
7	Pasco	4:27.25q
	1) 461 Cameron Estes 12	2) 458 Jennifer Cano 9
	3) 466 Makena Snider 11	4) 464 Tania Martinez 12

Girls 4x400 Meter Relay 4A

Regional: 3:52.4h R 1983 Lincoln
3:58.10 STAT State Min. Standard

Team	Relay	Finals
Finals		
1	Walla Walla	3:58.15 10
2	Richland	4:00.72 8
3	Central Valley	4:04.16 6
4	Gonzaga Prep	4:07.45 5
5	Mead	4:09.29 4
6	Lewis and Clark	4:14.62 3
7	Pasco	4:27.25 2

Girls High Jump 4A

Regional: 5-10 R 1977 Sherri Felton
5-05.00 STAT State Min. Standard

Name	Yr	School	Finals
Finals			
1	501 Elizabeth Quick	12 Richland	5-05.00 STAT
2	10 Mariah Cunningham	11 Central Vall	5-04.00 8
3	174 Shelby Kantner	11 Joel Ferris	5-02.00 6
4	727 Kiana Newcomb	9 Walla Walla	4-10.00 3.5
5	723 Kate Hogan	9 Walla Walla	4-10.00 3.5
5	20 Elle Peterson	12 Central Vall	4-10.00 3.5
5	333 Maddie Weigand	10 Mead	4-10.00 3.5
8	31 Keann White	9 Central Vall	4-08.00 0.2
8	483 Payton Bower	11 Richland	4-08.00 0.2
8	23 Kazlyn Roullier	10 Central Vall	4-08.00 0.2
10	105 Mary Smith	9 Gonzaga Prep	4-08.00 0.2
12	297 Janice Smith	11 Lewis and Cl	4-08.00 0.2
13	317 Mayson Douglass	11 Mead	4-08.00 0.2
14	76 Madison Powers	12 Chiawana	4-06.00
---	496 Annie Kump	9 Richland	NH

Girls Pole Vault 4A

Regional: 12-00 R 2003 Stevie Marshalek
11-04.00 STAT State Min. Standard

Name	Yr	School	Finals
Finals			
1	501 Elizabeth Quick	12 Richland	12-00.00RSTAT
2	8 McKinzie Carter	9 Central Vall	10-03.00 8
3	507 Macey Weitz	11 Richland	10-00.00 5.5
3	181 Hayley Otholt	11 Joel Ferris	10-00.00 5.5
5	316 Allyson Burkhardt	11 Mead	10-00.00 3.5
5	170 Grace Arbanas	11 Joel Ferris	10-00.00 3.5
7	315 Hanna Bjerkestrand	10 Mead	9-00.00 2
8	706 Brenna Barnett	11 Walla Walla	9-00.00 0.5
8	290 Martie Johnson	12 Lewis and Cl	9-00.00 0.5
10	331 Sarah Sheikh	10 Mead	9-00.00
11	494 Victoria Knudson	10 Richland	8-06.00
11	465 Jade Smith	10 Pasco	8-06.00
13	74 Bethany McBride	11 Chiawana	7-06.00
13	496 Annie Kump	9 Richland	7-06.00
15	71 Jennifer Lakenya	10 Chiawana	7-00.00
15	490 Jackie Gates	12 Richland	7-00.00
---	332 Randi Sherman	11 Mead	NH
---	175 Chloe Kimball	11 Joel Ferris	DNS
---	7 Stephanie Brown	12 Central Vall	DNS

Girls Long Jump 4A

Regional: 20-08.25 R 1994 LaShonda Christopher
17-01.50 STAT State Min. Standard

Name	Yr	School	Finals
Finals			
1	10 Mariah Cunningham	11 Central Vall	17-11.50 STAT
2	68 Cara Gilmore	10 Chiawana	16-07.50 8
3	289 Hannah Hudson	12 Lewis and Cl	16-03.00 6
4	174 Shelby Kantner	11 Joel Ferris	15-11.00 5

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Finals ... (Girls Long Jump 4A)

Name	Yr	School	Finals
5 76 Madison Powers	12	Chiawana	15-10.25 4
6 501 Elizabeth Quick	12	Richland	15-09.25 3
7 282 Dominique Butler	11	Lewis and Cl	15-07.50 2
8 505 Peyton Wahl	11	Richland	15-05.00 1
9 180 Maegan O'Neill	10	Joel Ferris	15-03.75
10 75 Jessica Petty	12	Chiawana	15-02.00
11 319 Holly Herbel	10	Mead	14-10.50
12 15 Holly Miller	11	Central Vall	14-09.00
13 730 Maddie Sirmon	10	Walla Walla	14-08.00
14 21 Hannah Reiman	9	Central Vall	14-06.25
15 69 Sarah Haertling	9	Chiawana	14-03.50
16 705 Hallie Adkins	12	Walla Walla	13-10.50

Girls Triple Jump 4A

Regional: 42-09 R 1995 LaShonda Christopher
37-07.00 STAT State Min. Standard

Name	Yr	School	Finals
1 289 Hannah Hudson	12	Lewis and Cl	36-08.75 10
2 174 Shelby Kantner	11	Joel Ferris	36-07.50 8
3 76 Madison Powers	12	Chiawana	36-00.00 6
4 497 Shanice Lakes	12	Richland	35-01.50 5
5 282 Dominique Butler	11	Lewis and Cl	34-11.50 4
6 710 Ashley Cornia	12	Walla Walla	34-06.50 3
7 180 Maegan O'Neill	10	Joel Ferris	33-11.25 2
8 21 Hannah Reiman	9	Central Vall	33-06.25 1
9 80 Haley Wright	12	Chiawana	33-05.00
10 715 Miranda Doyle	10	Walla Walla	33-02.50
11 75 Jessica Petty	12	Chiawana	32-07.00
12 185 Miri Taylor	12	Joel Ferris	32-06.00
13 15 Holly Miller	11	Central Vall	31-10.25
14 775 Lauren Doyl	10	Joel Ferris	31-10.00
15 772 Kiauna Canada	11	Walla Walla	30-06.75
16 77 Darian Search	9	Chiawana	30-01.00

Girls Shot Put 4A

Regional: 46-05.50 R 2004 Leitawsha Bronson
41-11.50 STAT State Min. Standard

Name	Yr	School	Finals
1 321 Courtney Hutchinson	12	Mead	46-11.50RSTAT
2 707 Hannah Burns	12	Walla Walla	38-02.75 8
3 732 Katarina Tonhdavong	11	Walla Walla	37-07.50 6
4 497 Shanice Lakes	12	Richland	36-04.25 5
5 171 Siniva Areta	10	Joel Ferris	35-02.50 4
6 714 Madison Doepker	10	Walla Walla	34-11.00 3
7 773 Christina Sanchez	11	Mead	34-07.50 2
8 25 Joselynn Tensley	9	Central Vall	34-02.25 1
9 28 Katie Van Etten	9	Central Vall	32-01.00
10 2 Elizabeth Bernbaum	10	Central Vall	31-07.75
11 29 Jordan Vuong	12	Central Vall	31-01.50
12 61 Joyce Akulang	12	Chiawana	30-07.50
13 320 Danielle Hilmes	9	Mead	30-05.25
14 734 Lauren Wardwell	12	Walla Walla	29-09.75

15 462 Samantha Estes	10	Pasco	29-09.00
16 73 Haylee Maughn	9	Chiawana	29-05.00

Girls Discus Throw 4A

Regional: 157-07 R 1987 Tracie Millett
128-02 STAT State Min. Standard

Name	Yr	School	Finals
1 732 Katarina Tonhdavong	11	Walla Walla	131-09.00 STAT
2 321 Courtney Hutchinson	12	Mead	122-00.00 8
3 707 Hannah Burns	12	Walla Walla	121-10.00 6
4 507 Macey Weitz	11	Richland	117-01.00 5
5 714 Madison Doepker	10	Walla Walla	110-05.00 4
6 730 Maddie Sirmon	10	Walla Walla	104-02.50 3
7 12 Kayla Eikum	12	Central Vall	102-05.00 2
8 721 Marie Hallowell	11	Walla Walla	100-06.75 1
9 182 Grace Pochis	12	Joel Ferris	95-09.50
10 503 Jordan Taylor	10	Richland	94-05.00
11 288 Alexandra Golikov	12	Lewis and Cl	94-01.50
12 183 Sharaya Roberts	10	Joel Ferris	91-02.75
13 459 Alexa Castellanos	10	Pasco	84-06.50
14 100 Lauren Helmbrecht	11	Gonzaga Prep	83-00.00
15 773 Christina Sanchez	11	Mead	81-10.00

Girls Javelin Throw 4A

Regional: 137-09 R 2004 Kara Patterson
131-03 STAT State Min. Standard

Name	Yr	School	Finals
1 504 Bridgette Underwood	11	Richland	145-07.00RSTAT
2 730 Maddie Sirmon	10	Walla Walla	131-06.00 STAT
3 312 Samantha Baker	12	Mead	128-07.00 6
4 714 Madison Doepker	10	Walla Walla	127-10.00 5
5 327 Molly Mills	10	Mead	119-09.00 4
6 283 Emma Chappell	10	Lewis and Cl	116-03.00 3
7 24 McKenna Stocker	10	Central Vall	114-10.00 2
8 721 Marie Hallowell	11	Walla Walla	114-04.00 1
9 324 Koreejo Kinder	9	Mead	113-05.00
10 322 Kathryn Imming	12	Mead	110-09.00
11 314 Gabby Bilyeu	12	Mead	107-03.00
12 508 Tori Wing	11	Richland	104-09.00
13 22 Laci Rennaker	12	Central Vall	102-04.00
14 729 Jessie Shives	11	Walla Walla	98-10.00
15 728 Arianna Parker	11	Walla Walla	93-08.00
16 492 Madison Hemenway	9	Richland	90-02.00

Boys 100 Meter Dash 3A

Regional: 10.71 R 2008 Kinsley Ojukwu
11.05 STAT State Min. Standard

Name	Yr	School	Prelims
1 770 Darneal Griffin	11	Rogers-Spoka	11.21q
2 153 Ben Kelly	11	Hanford	11.24q
3 592 Cole Jensen	12	Shadle Park	11.38q
4 245 Stuart Miner	12	Kamiakin	11.41q
5 444 Jake Hoffman	12	North Centra	11.43q

3A/4A Regional Track Meet - 5/17/2013 to 5/18/2013

Spokane Falls CC

Results

Preliminaries ... (Boys 100 Meter Dash 3A)

Name	Yr	School	Prelims
6 454 Isaac Wicks	10	North Centra	11.50q
7 564 Khalil Winfrey	9	Rogers-Spoka	11.52q
8 636 Tanner Pope	10	Southridge	11.59q
9 654 Bernaldo Madrigal	10	Sunnyside	11.64
10 398 Morgan Cordier	12	Mt Spokane	11.66
11 403 Roy Hyatt	10	Mt Spokane	11.67
12 416 Stu Stiles	11	Mt Spokane	11.72
13 247 Tyler Perrins	12	Kamiakin	11.81
14 147 Josh Faith	11	Hanford	11.83
15 640 Brandon Zane	10	Southridge	11.88
16 159 Dameon Peters	10	Hanford	11.93

Boys 100 Meter Dash 3A

Regional: 10.71 R 2008 Kinsley Ojukwu
11.05 STAT State Min. Standard

Name	Yr	School	Finals
1 770 Darneal Griffin	11	Rogers-Spoka	11.25 10
2 245 Stuart Miner	12	Kamiakin	11.34 8
3 153 Ben Kelly	11	Hanford	11.35 6
4 592 Cole Jensen	12	Shadle Park	11.40 5
5 444 Jake Hoffman	12	North Centra	11.41 4
6 564 Khalil Winfrey	9	Rogers-Spoka	11.48 3
7 454 Isaac Wicks	10	North Centra	11.50 2
8 636 Tanner Pope	10	Southridge	11.60 1

Boys 200 Meter Dash 3A

Regional: 21.73 R 2002 Shelton Sampson
22.19 STAT State Min. Standard

Name	Yr	School	Prelims
1 702 Austin Upmeyer	12	University	22.30q
2 153 Ben Kelly	11	Hanford	22.50q
3 592 Cole Jensen	12	Shadle Park	22.51q
4 770 Darneal Griffin	11	Rogers-Spoka	22.67q
5 636 Tanner Pope	10	Southridge	23.02q
6 628 Clay Gonzales	11	Southridge	23.12q
7 564 Khalil Winfrey	9	Rogers-Spoka	23.16q
8 654 Bernaldo Madrigal	10	Sunnyside	23.43q
9 245 Stuart Miner	12	Kamiakin	23.43
10 398 Morgan Cordier	12	Mt Spokane	23.65
11 640 Brandon Zane	10	Southridge	23.69
12 583 Jonathan Batters	12	Shadle Park	23.75
13 159 Dameon Peters	10	Hanford	23.86
14 594 Doran Porter	12	Shadle Park	24.18
15 231 Spencer Ballo	12	Kamiakin	24.24
16 558 Oray Fifer	10	Rogers-Spoka	24.31

Boys 200 Meter Dash 3A

Regional: 21.73 R 2002 Shelton Sampson
22.19 STAT State Min. Standard

Name	Yr	School	Finals
1 702 Austin Upmeyer	12	University	22.36 10

2 153 Ben Kelly	11	Hanford	22.54 8
3 592 Cole Jensen	12	Shadle Park	22.63 6
4 770 Darneal Griffin	11	Rogers-Spoka	22.65 5
5 564 Khalil Winfrey	9	Rogers-Spoka	23.10 4
6 636 Tanner Pope	10	Southridge	23.22 3
7 654 Bernaldo Madrigal	10	Sunnyside	23.73 2
8 628 Clay Gonzales	11	Southridge	23.93 1

Boys 400 Meter Dash 3A

Regional: 48.12 R 2000 Christian Adams
49.62 STAT State Min. Standard

Name	Yr	School	Prelims
1 702 Austin Upmeyer	12	University	50.44q
2 592 Cole Jensen	12	Shadle Park	50.63q
3 628 Clay Gonzales	11	Southridge	51.35q
4 407 Jacob Krantz	10	Mt Spokane	51.85q
5 155 Austin Kitchens	11	Hanford	52.04q
6 682 Adrian Bonner	12	University	52.24q
7 159 Dameon Peters	10	Hanford	52.46q
8 653 Sergio Lugo	12	Sunnyside	52.99q
9 252 Adam Scrimsher	11	Kamiakin	53.13
10 625 Jesse Espinoza	11	Southridge	53.27
11 597 Hayden Snell	12	Shadle Park	53.46
12 234 Thomas Chalfant	9	Kamiakin	54.07
13 690 Justin Hombel	10	University	54.38
14 231 Spencer Ballo	12	Kamiakin	54.40
15 405 Nathan Koch	9	Mt Spokane	54.50
16 681 Ethan Boniecki	10	University	55.07

Boys 400 Meter Dash 3A

Regional: 48.12 R 2000 Christian Adams
49.62 STAT State Min. Standard

Name	Yr	School	Finals
1 702 Austin Upmeyer	12	University	48.90 STAT
2 628 Clay Gonzales	11	Southridge	49.33 STAT
3 592 Cole Jensen	12	Shadle Park	50.84 6
4 682 Adrian Bonner	12	University	51.80 5
5 407 Jacob Krantz	10	Mt Spokane	52.04 4
6 155 Austin Kitchens	11	Hanford	53.06 3
7 159 Dameon Peters	10	Hanford	53.77 2
8 653 Sergio Lugo	12	Sunnyside	54.88 1

Boys 800 Meter Run 3A

Regional: 1:54.3h R 1981 Dean Stainbrook
1:54.67 STAT State Min. Standard

Name	Yr	School	Prelims
1 683 Daniel Brunner	12	University	1:58.55q
2 144 Seth Cook	11	Hanford	1:58.91q
3 244 Keegan McCormick	11	Kamiakin	2:00.03q
4 455 Keith Williams	12	North Centra	2:00.54q
5 448 Oliver Reed	11	North Centra	2:00.57q
6 692 Ben Hutchens	11	University	2:00.59q
7 696 Patrick Miranne	10	University	2:01.26q

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Spokane Falls CC

Results

Preliminaries ... (Boys 800 Meter Run 3A)

Name	Yr	School	Prelims
8 453 Andrew Vandine	10	North Centra	2:01.46q
9 235 Brent Christianson	11	Kamiakin	2:02.40
10 685 Nathan Collins	12	University	2:03.52
11 168 David Zhai	12	Hanford	2:04.30
12 631 Cameron Johnston	9	Southridge	2:04.90
13 587 Peter Glanzer	11	Shadle Park	2:05.30
14 236 Levi Davies	10	Kamiakin	2:10.66
15 142 Garrett Bates	10	Hanford	2:11.57
16 160 Daniel Pfaff	10	Hanford	2:11.84

Boys 800 Meter Run 3A
Regional: 1:54.3h R 1981 Dean Stainbrook
1:54.67 STAT State Min. Standard

Name	Yr	School	Finals
Finals			
1 455 Keith Williams	12	North Centra	1:53.58RSTAT
2 683 Daniel Brunner	12	University	1:53.96RSTAT
3 144 Seth Cook	11	Hanford	1:56.84 6
4 692 Ben Hutchens	11	University	1:59.10 5
5 448 Oliver Reed	11	North Centra	1:59.10 4
6 696 Patrick Miranne	10	University	1:59.66 3
7 244 Keegan McCormick	11	Kamiakin	2:00.51 2
8 453 Andrew Vandine	10	North Centra	2:10.85 1

Boys 1600 Meter Run 3A
Regional: 4:15.6h R 1985 John Hogan
4:14.20 STAT State Min. Standard

Name	Yr	School	Finals
Finals			
1 455 Keith Williams	12	North Centra	4:09.36RSTAT
2 400 John Dressel	10	Mt Spokane	4:13.33RSTAT
3 437 Tanner Anderson	10	North Centra	4:14.30R 6
4 242 Garrett Kraal	11	Kamiakin	4:22.65 5
5 244 Keegan McCormick	11	Kamiakin	4:23.95 4
6 448 Oliver Reed	11	North Centra	4:24.68 3
7 590 Nick Hauger	11	Shadle Park	4:25.77 2
8 453 Andrew Vandine	10	North Centra	4:27.19 1
9 161 Jeevan Philip	12	Hanford	4:28.33
10 253 Andrew Snyder	10	Kamiakin	4:31.26
10 246 Austin Oser	12	Kamiakin	4:31.26
12 452 Nik Taylor	12	North Centra	4:31.62
13 239 Cameron Glade	10	Kamiakin	4:33.60
14 250 Christian Rodriguez	12	Kamiakin	4:37.30
15 168 David Zhai	12	Hanford	4:44.30
--- 456 Taylor (Kai) Wilmot	12	North Centra	DNS

Boys 3200 Meter Run 3A
Regional: 9:08.89 R 2007 Ryan Prentice
9:03.86 STAT State Min. Standard

Name	Yr	School	Finals
Finals			
1 437 Tanner Anderson	10	North Centra	9:01.79RSTAT
2 400 John Dressel	10	Mt Spokane	9:06.19R 8
3 446 Isaac Kitzan	12	North Centra	9:18.71 6

4 242 Garrett Kraal	11	Kamiakin	9:21.19 5
5 452 Nik Taylor	12	North Centra	9:23.12 4
6 590 Nick Hauger	11	Shadle Park	9:32.50 3
7 161 Jeevan Philip	12	Hanford	9:40.81 2
8 253 Andrew Snyder	10	Kamiakin	9:43.27 1
9 417 Jacob Vandenberg	11	Mt Spokane	9:43.53
10 445 Justin Janke	9	North Centra	9:48.18
11 250 Christian Rodriguez	12	Kamiakin	9:55.90
12 239 Cameron Glade	10	Kamiakin	10:03.45
13 251 Daniel Sanchez	11	Kamiakin	10:03.68
14 243 Jonathan Lafferty	10	Kamiakin	10:10.27
15 237 Brendon Despain	9	Kamiakin	10:23.85
--- 456 Taylor (Kai) Wilmot	12	North Centra	DNF

Boys 110 Meter Hurdles 3A
Regional: 14.14 R 2002 Shelton Sampson
15.16 STAT State Min. Standard

Name	Yr	School	Prelims
Preliminaries			
1 632 Brenden Kelly	11	Southridge	15.60q
2 657 Elijah Pena	11	Sunnyside	15.82q
3 626 Parker Floyd	12	Southridge	15.88q
4 414 Carlos Riojas	11	Mt Spokane	16.26q
5 238 Jim Fowler	11	Kamiakin	16.42q
6 233 Casey Brandon	11	Kamiakin	16.43q
7 635 Devin Nielson	11	Southridge	16.47q
8 589 Thilo Graham	11	Shadle Park	16.52q
9 156 Zach Martin	12	Hanford	16.53
10 598 Ross Swanson	12	Shadle Park	16.60
11 413 Mike Proudfoot	10	Mt Spokane	16.69
12 593 Jordan Nichols	12	Shadle Park	16.72
13 443 Joshua Harris	10	North Centra	16.80
14 164 David Skouson	11	Hanford	17.34
15 686 Thomas Connors	10	University	17.75
16 401 Kalani Fejeran	10	Mt Spokane	19.14

Boys 110 Meter Hurdles 3A
Regional: 14.14 R 2002 Shelton Sampson
15.16 STAT State Min. Standard

Name	Yr	School	Finals
Finals			
1 632 Brenden Kelly	11	Southridge	15.17 10
2 657 Elijah Pena	11	Sunnyside	15.65 8
3 626 Parker Floyd	12	Southridge	16.09 6
4 414 Carlos Riojas	11	Mt Spokane	16.15 5
5 589 Thilo Graham	11	Shadle Park	16.25 4
6 238 Jim Fowler	11	Kamiakin	16.42 3
7 635 Devin Nielson	11	Southridge	16.70 2
8 233 Casey Brandon	11	Kamiakin	16.71 1

Boys 300 Meter Hurdles 3A
Regional: 37.70 R 1995 Tyson Allen
38.91 STAT State Min. Standard

Name	Yr	School	Prelims
Preliminaries			
1 632 Brenden Kelly	11	Southridge	39.85q

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Results

Preliminaries ... (Boys 300 Meter Hurdles 3A)

Name	Yr	School	Prelims
2 438 David Blue	12	North Centra	40.77q
3 589 Thilo Graham	11	Shadle Park	40.90q
4 238 Jim Fowler	11	Kamiakin	41.31q
5 704 Marquise Whitsett	12	University	41.65q
6 657 Elijah Pena	11	Sunnyside	42.02q
7 275 Bodie Simpson	12	Kennewick	42.34q
8 593 Jordan Nichols	12	Shadle Park	42.97q
9 598 Ross Swanson	12	Shadle Park	43.40
10 156 Zach Martin	12	Hanford	43.43
11 233 Casey Brandon	11	Kamiakin	43.55
12 443 Joshua Harris	10	North Centra	43.79
13 413 Mike Proudfoot	10	Mt Spokane	43.99
14 635 Devin Nielson	11	Southridge	44.17
15 700 Josh Smith	10	University	44.27
16 271 Josh Leavitt	10	Kennewick	45.56

Boys 300 Meter Hurdles 3A

Regional: 37.70 R 1995 Tyson Allen
38.91 STAT State Min. Standard

Name	Yr	School	Finals
Finals			
1 632 Brenden Kelly	11	Southridge	38.77 STAT
2 438 David Blue	12	North Centra	39.10 8
3 704 Marquise Whitsett	12	University	39.78 6
4 589 Thilo Graham	11	Shadle Park	39.83 5
5 238 Jim Fowler	11	Kamiakin	40.89 4
6 593 Jordan Nichols	12	Shadle Park	41.34 3
7 275 Bodie Simpson	12	Kennewick	41.67 2
8 657 Elijah Pena	11	Sunnyside	41.78 1

Boys 4x100 Meter Relay 3A

Regional: 42.58 R 2008 Lakes

J Kearse, D Davis, A Wright, K Dixon

43.21 STAT State Min. Standard

Team	Relay	Prelims
Preliminaries		
1 North Central		43.04q STAT
1) 454 Isaac Wicks 10	2) 444 Jake Hoffman 12	
3) 438 David Blue 12	4) 457 Quinn Zerba 11	
2 Hanford		43.15q STAT
1) 147 Josh Faith 11	2) 167 Ryan Young 12	
3) 165 Malik Slack 11	4) 153 Ben Kelly 11	
3 Mt Spokane		43.25q
1) 398 Morgan Cordier 12	2) 416 Stu Stiles 11	
3) 418 Zach Vogel 9	4) 403 Roy Hyatt 10	
4 Kamiakin		43.34q
1) 247 Tyler Perrins 12	2) 240 Austin Gutierrez 10	
3) 238 Jim Fowler 11	4) 245 Stuart Miner 12	
5 Rogers-Spokane		43.86q
1) 770 Darneal Griffin 11	2) 564 Khalil Winfrey 9	
3) 560 Anthony Hampton 12	4) 558 Oray Fifer 10	
6 Southridge		43.98q
1) 630 Kellen Heitala 11	2) 640 Brandon Zane 10	
3) 626 Parker Floyd 12	4) 636 Tanner Pope 10	

7 Sunnyside	44.88q
1) 657 Elijah Pena 11	2) 655 Jesus Magallan 11
3) 660 Ryan White 11	4) 654 Bernaldo Madrigal 10
--- University	DQ
1) 689 Tanner Hiebert 12	2) 699 Austin Smith 12
3) 704 Marquise Whitsett 12	4) 695 Quinton McDonald 10

Boys 4x100 Meter Relay 3A

Regional: 42.58 R 2008 Lakes

J Kearse, D Davis, A Wright, K Dixon

43.21 STAT State Min. Standard

Team	Relay	Finals
Finals		
1 North Central		43.04 STAT
2 Hanford		43.15 STAT
3 Mt Spokane		43.25 6
4 Kamiakin		43.34 5
5 Rogers-Spokane		43.86 4
6 Southridge		43.98 3
7 Sunnyside		44.88 2

Boys 4x400 Meter Relay 3A

Regional: 3:20.69 R 2008 Bonney Lake

T Christian, B Barnett, C Snider, E Schroeder

3:22.95 STAT State Min. Standard

Team	Relay	Prelims
Preliminaries		
1 University		3:22.20q STAT
1) 682 Adrian Bonner 12	2) 704 Marquise Whitsett 12	
3) 683 Daniel Brunner 12	4) 702 Austin Upmeyer 12	
2 North Central		3:22.47q STAT
1) 444 Jake Hoffman 12	2) 438 David Blue 12	
3) 457 Quinn Zerba 11	4) 455 Keith Williams 12	
3 Mt Spokane		3:26.46q
1) 407 Jacob Krantz 10	2) 402 Cameron Goodman 11	
3) 418 Zach Vogel 9	4) 403 Roy Hyatt 10	
4 Southridge		3:27.90q
1) 624 Robert Ellsworth 12	2) 627 Payton Garza 10	
3) 628 Clay Gonzales 11	4) 632 Brenden Kelly 11	
5 Kamiakin		3:28.79q
1) 252 Adam Scrimsher 11	2) 238 Jim Fowler 11	
3) 233 Casey Brandon 11	4) 247 Tyler Perrins 12	
6 Hanford		3:29.80q
1) 159 Dameon Peters 10	2) 158 Grant Mickelson 11	
3) 144 Seth Cook 11	4) 153 Ben Kelly 11	
7 Shadle Park		3:34.22q
1) 589 Thilo Graham 11	2) 597 Hayden Snell 12	
3) 598 Ross Swanson 12	4) 588 Brandon Gleese 11	

Boys 4x400 Meter Relay 3A

Regional: 3:20.69 R 2008 Bonney Lake

T Christian, B Barnett, C Snider, E Schroeder

3:22.95 STAT State Min. Standard

Team	Relay	Finals
Finals		
1 University		3:22.20 STAT

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Results

Finals ... (Boys 4x400 Meter Relay 3A)

Team	Relay	Finals
2 North Central		3:22.47 STAT
3 Mt Spokane		3:26.46 6
4 Southridge		3:27.90 5
5 Kamiakin		3:28.79 4
6 Hanford		3:29.80 3
7 Shadle Park		3:34.22 2

Boys High Jump 3A

Regional: 6-10 R 1973 Al Darneille
6-05.00 STAT State Min. Standard

Name	Yr	School	Finals
Finals			
1 688 Eddie Gonzalez	12	University	6-07.00 STAT
2 563 Carson Murray	12	Rogers-Spoka	6-05.00 STAT
3 592 Cole Jensen	12	Shadle Park	6-05.00 STAT
4 248 Brendan Rexus	12	Kamiakin	6-02.00 5
5 697 Andrew Morgan	12	University	6-02.00 4
6 626 Parker Floyd	12	Southridge	6-00.00 3
7 586 Cameron Duty	10	Shadle Park	5-10.00 2
8 588 Brandon Gleese	11	Shadle Park	5-10.00 1
9 415 Reed Sicclair	11	Mt Spokane	5-08.00
9 160 Daniel Pfaff	10	Hanford	5-08.00
11 241 Tanner Holle	11	Kamiakin	5-06.00
11 146 Connor Dye	12	Hanford	5-06.00
11 154 Emmitt Kison	12	Hanford	5-06.00
--- 152 Matt Hazel	12	Hanford	NH
--- 687 Logan Crum	12	University	NH
--- 633 Bosco Lopia	12	Southridge	NH

Boys Pole Vault 3A

Regional: 15-00 R 1996 Joel Caple
14-00.00 STAT State Min. Standard

Name	Yr	School	Finals
Finals			
1 694 Daniel Martin	11	University	13-00.00 9
2 232 Ryan Bergman	12	Kamiakin	13-00.00 9
3 698 Forrest Rogers	11	University	12-06.00 6
4 591 Scott Hinshaw	10	Shadle Park	12-00.00 4.5
5 397 Teagan Brown	12	Mt Spokane	12-00.00 4.5
6 695 Quinton McDonald	10	University	11-06.00 1.2
6 148 Galen Forrest	12	Hanford	11-06.00 1.2
8 143 Cody Brooks	10	Hanford	11-06.00 1.2
8 637 Erik Rotness	12	Southridge	11-06.00 1.2
10 634 Jose Mata	10	Southridge	11-06.00 1.2
11 419 Gabe Wooddell	11	Mt Spokane	11-00.00
11 247 Tyler Perrins	12	Kamiakin	11-00.00
13 409 Tyler Locke	12	Mt Spokane	11-00.00
14 272 Tim Meilink	12	Kennewick	10-06.00
--- 157 Walker Mattlin	12	Hanford	NH

Boys Long Jump 3A

Regional: 23-01 R 1986 Shawn Kendall
21-10.50 STAT State Min. Standard

Name	Yr	School	Finals
Finals			
1 588 Brandon Gleese	11	Shadle Park	21-04.75 10
2 167 Ryan Young	12	Hanford	21-03.00 8
3 276 Jeremiah Sprague	12	Kennewick	21-00.25 6
4 408 Dane Larson	12	Mt Spokane	20-10.75 5
5 451 Marcus Saugen	11	North Centra	20-05.75 4
6 658 Eduardo Salmeron	12	Sunnyside	19-10.00 3
7 162 Jordan Reyes	11	Hanford	19-07.50 2
8 626 Parker Floyd	12	Southridge	19-04.00 1
9 233 Casey Brandon	11	Kamiakin	19-02.25
10 240 Austin Gutierrez	10	Kamiakin	19-01.75
11 154 Emmitt Kison	12	Hanford	19-01.25
12 689 Tanner Hiebert	12	University	18-08.75
13 703 Dray White	10	University	18-06.25
14 415 Reed Sicclair	11	Mt Spokane	18-04.50
14 440 Jamaal Edwards	9	North Centra	18-04.50
16 404 Tod Kahler	10	Mt Spokane	16-11.50

Boys Triple Jump 3A

Regional: 47-00.25 R 2007 Magaiva Herman
45-07.75 STAT State Min. Standard

Name	Yr	School	Finals
Finals			
1 563 Carson Murray	12	Rogers-Spoka	44-09.50 10
2 408 Dane Larson	12	Mt Spokane	42-11.75 8
3 588 Brandon Gleese	11	Shadle Park	42-04.50 6
4 629 Conner Grigg	10	Southridge	41-06.75 5
5 167 Ryan Young	12	Hanford	41-05.00 4
6 622 Graham Bourque	12	Southridge	41-04.75 3
7 658 Eduardo Salmeron	12	Sunnyside	41-01.75 2
8 162 Jordan Reyes	11	Hanford	41-01.50 1
9 410 Sawyer Maxwell	9	Mt Spokane	40-08.25
10 653 Sergio Lugo	12	Sunnyside	40-06.50
11 600 Jayden Woodard	11	Shadle Park	40-00.25
12 597 Hayden Snell	12	Shadle Park	39-03.75
13 686 Thomas Connors	10	University	38-10.50

Boys Shot Put 3A

Regional: 61-11 R 2006 Korion Morris
53-06.50 STAT State Min. Standard

Name	Yr	School	Finals
Finals			
1 145 Aaron Cunningham	12	Hanford	54-07.00 STAT
2 151 Dallon Grinder	11	Hanford	49-04.75 8
3 595 Gage Rayman	12	Shadle Park	47-11.00 6
4 449 Nolan Riley	12	North Centra	47-03.00 5
5 771 Travis Knight	12	Rogers-Spoka	47-01.50 4
6 584 Nathan Clayton	11	Shadle Park	47-01.50 3
7 638 Christian Stewart	12	Southridge	46-10.50 2
8 166 Jeff Weyand	11	Hanford	46-06.00 1
9 680 Brandon Anderson	12	University	46-03.00

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Spokane Falls CC

Results

Finals ... (Boys Shot Put 3A)

Name	Yr	School	Finals
10 149 Zachary Gaston	12	Hanford	43-07.00
11 691 Trace Hussey	11	University	42-09.25
12 582 Cameron Babcock	12	Shadle Park	41-06.25
13 249 Cole Roberts	10	Kamiakin	40-09.00
14 270 Robby Calvert	11	Kennewick	40-08.00
15 693 Christopher Jordan	11	University	38-10.25
16 273 Jacob Meise	11	Kennewick	38-00.00

Boys Discus Throw 3A

Regional: 189-08 R 2005 Korion Morris
157-03 STAT State Min. Standard

Name	Yr	School	Finals
1 145 Aaron Cunningham	12	Hanford	154-01.00 10
2 652 EricLee Amaro	12	Sunnyside	150-09.00 8
3 584 Nathan Clayton	11	Shadle Park	146-00.00 6
4 151 Dallon Grinder	11	Hanford	141-05.00 5
5 412 Trevor Payne	10	Mt Spokane	141-04.00 4
6 396 Levi Brosmore	12	Mt Spokane	140-06.00 3
7 278 Lee Walton	10	Kennewick	132-05.00 2
8 595 Gage Rayman	12	Shadle Park	131-03.00 1
9 274 Ethan Raebel	11	Kennewick	128-07.00
10 771 Travis Knight	12	Rogers-Spoka	126-03.00
11 249 Cole Roberts	10	Kamiakin	119-05.00
12 399 Devon Diamaiio-Hart	9	Mt Spokane	119-01.00
13 562 Andres Mora	12	Rogers-Spoka	115-02.00
14 659 Jose Sanchez	12	Sunnyside	115-00.00
15 701 Dante Solomon	12	University	110-02.00
16 639 Trey Tutt	11	Southridge	86-02.00
--- 149 Zachary Gaston	12	Hanford	FOUL

Boys Javelin Throw 3A

Regional: 193-00 R 2005 Brian Savage
177-07 STAT State Min. Standard

Name	Yr	School	Finals
1 414 Carlos Riojas	11	Mt Spokane	174-04.00 10
2 277 Dylan Tennancour	11	Kennewick	167-09.00 8
3 652 EricLee Amaro	12	Sunnyside	165-00.00 6
4 398 Morgan Cordier	12	Mt Spokane	163-09.00 5
5 439 Joey Day	12	North Centra	158-00.00 4
6 623 Christian Candanoza	12	Southridge	157-10.00 3
7 597 Hayden Snell	12	Shadle Park	155-00.00 2
8 442 Micah Goris	12	North Centra	153-06.00 1
9 395 Jacob Barnes	9	Mt Spokane	152-00.00
10 151 Dallon Grinder	11	Hanford	151-03.00
11 638 Christian Stewart	12	Southridge	149-02.00
12 407 Jacob Krantz	10	Mt Spokane	148-01.00
13 141 Brian Baciu	11	Hanford	144-08.00
13 447 Brandon Pounds	12	North Centra	144-08.00
15 146 Connor Dye	12	Hanford	140-07.00
16 656 Javier Mendoza	10	Sunnyside	116-03.00

Boys 100 Meter Dash 4A

Regional: 10.54 R 2005 Kenjamine Jackson
11.06 STAT State Min. Standard

Name	Yr	School	Prelims
Preliminaries			
1 201 Alex Tullos	12	Joel Ferris	11.09q
2 478 Christian Young	10	Pasco	11.16q
3 337 Davian Barlow	12	Mead	11.18q
4 310 Deandre Williams	12	Lewis and Cl	11.19q
5 739 Stuart Gillin	11	Walla Walla	11.25q
6 194 Jalen Hicks	10	Joel Ferris	11.27q
7 738 Ethan Gardner	10	Walla Walla	11.32q
8 768 Austin Stone	12	Mead	11.44q
9 766 Tom Davis	11	Gonzaga Prep	11.47
10 47 Miguel Gonzalez	12	Central Vall	11.50
11 351 Clayton Leslie	9	Mead	11.53
12 86 Dre'Sonte Dorton	10	Chiawana	11.64
13 532 Ivan Popovich	11	Richland	11.73
14 528 Sky Mitchell	12	Richland	11.87
15 471 TJ Faamausilli	10	Pasco	11.88
16 88 Nick Keister-Munoz	11	Chiawana	12.03

Boys 100 Meter Dash 4A

Regional: 10.54 R 2005 Kenjamine Jackson
11.06 STAT State Min. Standard

Name	Yr	School	Finals
Finals			
1 337 Davian Barlow	12	Mead	11.08 10
2 478 Christian Young	10	Pasco	11.10 8
3 739 Stuart Gillin	11	Walla Walla	11.13 6
4 201 Alex Tullos	12	Joel Ferris	11.18 5
5 194 Jalen Hicks	10	Joel Ferris	11.22 4
6 310 Deandre Williams	12	Lewis and Cl	11.23 3
7 738 Ethan Gardner	10	Walla Walla	11.30 2
8 768 Austin Stone	12	Mead	11.42 1

Boys 200 Meter Dash 4A

Regional: 21.48 R 1995 Gabe Garrett
22.00 STAT State Min. Standard

Name	Yr	School	Prelims
Preliminaries			
1 478 Christian Young	10	Pasco	22.18q
2 201 Alex Tullos	12	Joel Ferris	22.51q
3 302 Coleton Fitzgerald	11	Lewis and Cl	22.70q
4 738 Ethan Gardner	10	Walla Walla	22.79q
5 310 Deandre Williams	12	Lewis and Cl	22.85q
6 533 Payton Radliff	11	Richland	23.00q
7 766 Tom Davis	11	Gonzaga Prep	23.38q
8 47 Miguel Gonzalez	12	Central Vall	23.39q
9 187 Sam Bloom	10	Joel Ferris	23.70
10 747 Robert Miller	12	Walla Walla	23.83
11 86 Dre'Sonte Dorton	10	Chiawana	24.00
12 474 Eric Orange	10	Pasco	24.06
13 305 Nigel King	12	Lewis and Cl	24.36
14 469 Spencer Calveard	10	Pasco	24.74

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Results

Preliminaries ... (Boys 200 Meter Dash 4A)

Name	Yr	School	Prelims
15 739 Stuart Gillin	11	Walla Walla	28.67

Boys 200 Meter Dash 4A

Regional: 21.48 R 1995 Gabe Garrett
22.00 STAT State Min. Standard

Name	Yr	School	Finals
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Finals

1 478 Christian Young	10	Pasco	22.20	10
2 302 Coleton Fitzgerald	11	Lewis and Cl	22.30	8
3 201 Alex Tullos	12	Joel Ferris	22.44	6
4 533 Payton Radliff	11	Richland	22.54	5
5 738 Ethan Gardner	10	Walla Walla	22.87	4
6 310 Deandre Williams	12	Lewis and Cl	23.11	3
7 47 Miguel Gonzalez	12	Central Vall	23.19	2
8 766 Tom Davis	11	Gonzaga Prep	23.39	1

Boys 400 Meter Dash 4A

Regional: 47.2h R 1982 Robinson & Knight
48.75 STAT State Min. Standard

Name	Yr	School	Prelims
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Preliminaries

1 478 Christian Young	10	Pasco	48.79q
2 302 Coleton Fitzgerald	11	Lewis and Cl	50.79q
3 747 Robert Miller	12	Walla Walla	51.21q
4 187 Sam Bloom	10	Joel Ferris	51.24q
5 355 Nate Medellin	12	Mead	51.65q
6 777 Aj Layton	10	Mead	51.79q
7 38 Adam Chamberlain	11	Central Vall	51.90q
8 37 Michael Butler	12	Central Vall	52.20q
9 52 Kyile LeBlanc	12	Central Vall	52.44
10 301 Kenny Collins	10	Lewis and Cl	52.55
11 474 Eric Orange	10	Pasco	52.59
12 97 Joshua Wilson	9	Chiawana	52.84
13 83 Nick Cooper	10	Chiawana	53.49
14 469 Spencer Calveard	10	Pasco	54.79
15 532 Ivan Popovich	11	Richland	55.83
16 523 John Lesser	9	Richland	56.10

Boys 400 Meter Dash 4A

Regional: 47.2h R 1982 Robinson & Knight
48.75 STAT State Min. Standard

Name	Yr	School	Finals
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Finals

1 478 Christian Young	10	Pasco	48.67	STAT
2 302 Coleton Fitzgerald	11	Lewis and Cl	48.78	8
3 38 Adam Chamberlain	11	Central Vall	50.60	6
4 187 Sam Bloom	10	Joel Ferris	51.01	5
5 747 Robert Miller	12	Walla Walla	51.03	4
6 355 Nate Medellin	12	Mead	51.33	3
7 777 Aj Layton	10	Mead	51.71	2
8 37 Michael Butler	12	Central Vall	51.89	1

Boys 800 Meter Run 4A

Regional: 1:50.28 R 2004 Alex McClary
1:53.51 STAT State Min. Standard

Name	Yr	School	Prelims
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Preliminaries

1 116 Frankie Hoerner	11	Gonzaga Prep	2:00.17Q
2 361 Daniel Schofield	12	Mead	2:04.01Q
3 51 Austyn Knudsen	11	Central Vall	2:00.40Q
4 35 Anthony Brines	12	Central Vall	2:04.02Q
5 537 Jonah Sandoval	9	Richland	2:00.45Q
6 515 Aidan Emerick	11	Richland	2:04.19Q
7 199 Travis Thorne	12	Joel Ferris	2:00.60q
8 539 Elijah Shelby	10	Richland	2:03.12q
9 189 Liem Cossette	10	Joel Ferris	2:04.46
10 190 Dominic Cranshaw	10	Joel Ferris	2:04.69
11 534 Jacob Redden	11	Richland	2:05.06
12 57 Casey Strauss	12	Central Vall	2:05.87
13 81 Juan Carmona	11	Chiawana	2:06.67
14 746 Andrew Miller	10	Walla Walla	2:09.74
15 85 Jesse Delgado	12	Chiawana	2:10.38
16 735 Michael Anderson	11	Walla Walla	2:11.96

Boys 800 Meter Run 4A

Regional: 1:50.28 R 2004 Alex McClary
1:53.51 STAT State Min. Standard

Name	Yr	School	Finals
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Finals

1 116 Frankie Hoerner	11	Gonzaga Prep	1:55.21	10
2 361 Daniel Schofield	12	Mead	1:55.55	8
3 35 Anthony Brines	12	Central Vall	1:56.69	6
4 51 Austyn Knudsen	11	Central Vall	1:59.80	5
5 537 Jonah Sandoval	9	Richland	2:00.53	4
6 199 Travis Thorne	12	Joel Ferris	2:00.83	3
7 515 Aidan Emerick	11	Richland	2:01.09	2
8 539 Elijah Shelby	10	Richland	2:02.77	1

Boys 1600 Meter Run 4A

Regional: 4:05.78 R 2003 Carl Moe
4:12.15 STAT State Min. Standard

Name	Yr	School	Finals
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Finals

1 340 Andrew Gardner	12	Mead	4:12.02	STAT
2 759 Ben Wolpert	11	Walla Walla	4:16.20	8
3 303 Sumner Goodwin	12	Lewis and Cl	4:17.36	6
4 545 Michael Williams	11	Richland	4:21.50	5
5 199 Travis Thorne	12	Joel Ferris	4:21.94	4
6 767 Peter Helman	11	Joel Ferris	4:22.90	3
7 46 Logan Giese	12	Central Vall	4:23.38	2
8 517 Ryan Francis	12	Richland	4:27.40	1
9 750 Sean Newcomb	12	Walla Walla	4:30.29	
10 41 Briton Demars	10	Central Vall	4:31.16	
11 111 Ian Andres	11	Gonzaga Prep	4:31.35	
12 338 Tyler Brant	11	Mead	4:34.64	
13 539 Elijah Shelby	10	Richland	4:36.41	
14 96 David Thien	10	Chiawana	4:37.07	

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Results

Finals ... (Boys 1600 Meter Run 4A)

Name	Yr	School	Finals
15 526 Dennis McDuffie	11	Richland	4:48.58
16 513 Brandon Crawford	10	Richland	4:50.26

Boys 3200 Meter Run 4A

Regional: 9:09.8h R 1987 Bret Goller

9:04.96 STAT State Min. Standard

Name	Yr	School	Finals
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Finals

1 340 Andrew Gardner	12	Mead	9:07.87R 10
2 303 Sumner Goodwin	12	Lewis and Cl	9:10.64 8
3 545 Michael Williams	11	Richland	9:14.82 6
4 750 Sean Newcomb	12	Walla Walla	9:18.59 5
5 767 Peter Helman	11	Joel Ferris	9:24.31 4
6 49 Corey Hunter	11	Central Vall	9:44.23 3
7 50 Spencer Jensen	10	Central Vall	9:47.20 2
8 111 Ian Andres	11	Gonzaga Prep	9:49.14 1
9 41 Briton Demars	10	Central Vall	9:51.19
10 517 Ryan Francis	12	Richland	9:52.08
11 338 Tyler Brant	11	Mead	10:00.26
12 473 Skylar Larson	12	Pasco	10:02.25
13 526 Dennis McDuffie	11	Richland	10:08.59
14 740 Paul Gilmore	12	Walla Walla	10:11.41
15 513 Brandon Crawford	10	Richland	10:19.87
16 475 Ricardo Saenz	9	Pasco	10:25.56

Boys 110 Meter Hurdles 4A

Regional: 14.27 R 2004 James Fredrickson

15.00 STAT State Min. Standard

Name	Yr	School	Prelims
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Preliminaries

1 34 Parker Bowden	10	Central Vall	15.28q
2 527 Dennzell Mickelson	12	Richland	15.35q
3 343 Sam Johnson	11	Mead	15.40q
4 118 Nicholas J Johnson	9	Gonzaga Prep	15.67q
5 356 Ian Montgomery	12	Mead	15.69q
6 197 Jensen Rye	11	Joel Ferris	16.46q
6 335 Bryan Anderson	9	Mead	16.46q
8 120 Jack Padon	11	Gonzaga Prep	16.68q
9 518 Anthony Galat	11	Richland	16.72
10 186 Jakobie Andrews	10	Joel Ferris	16.90
11 93 Roman Ruiz	9	Chiawana	16.96
12 758 Rob Thonney	11	Walla Walla	17.01
13 470 Jake Covington	9	Pasco	17.54
14 743 Andrew Harvey	9	Walla Walla	17.80
15 744 Colton Jordan	10	Walla Walla	18.21
16 754 Reid Reinger	9	Walla Walla	18.37

Boys 110 Meter Hurdles 4A

Regional: 14.27 R 2004 James Fredrickson

15.00 STAT State Min. Standard

Name	Yr	School	Finals
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Finals

1 34 Parker Bowden	10	Central Vall	14.99 STAT
2 343 Sam Johnson	11	Mead	15.19 8

3 527 Dennzell Mickelson	12	Richland	15.24 6
4 118 Nicholas J Johnson	9	Gonzaga Prep	15.38 5
5 356 Ian Montgomery	12	Mead	15.78 4
6 335 Bryan Anderson	9	Mead	15.95 3
7 120 Jack Padon	11	Gonzaga Prep	16.20 2
8 197 Jensen Rye	11	Joel Ferris	16.22 1

Boys 300 Meter Hurdles 4A

Regional: 37.66 R 2004 James Fredrickson

38.94 STAT State Min. Standard

Name	Yr	School	Prelims
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Preliminaries

1 91 Tyler Morris	12	Chiawana	40.12q
2 58 Grayson Sykes	12	Central Vall	40.39q
3 527 Dennzell Mickelson	12	Richland	40.41q
4 518 Anthony Galat	11	Richland	41.45q
5 356 Ian Montgomery	12	Mead	41.52q
6 335 Bryan Anderson	9	Mead	41.58q
6 769 Garrett Norris	11	Mead	41.58q
8 758 Rob Thonney	11	Walla Walla	42.53q
9 186 Jakobie Andrews	10	Joel Ferris	42.74
10 304 Marcus King	12	Lewis and Cl	42.81
11 778 Cole Karstetter	11	Joel Ferris	42.87
12 470 Jake Covington	9	Pasco	42.90
13 300 Jean-Luc Cing-Mars	12	Lewis and Cl	43.54
14 93 Roman Ruiz	9	Chiawana	43.60
15 737 Justin Evans	9	Walla Walla	44.21
16 520 Josh Hammond	11	Richland	44.27

Boys 300 Meter Hurdles 4A

Regional: 37.66 R 2004 James Fredrickson

38.94 STAT State Min. Standard

Name	Yr	School	Finals
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Finals

1 91 Tyler Morris	12	Chiawana	38.97 10
2 58 Grayson Sykes	12	Central Vall	39.11 8
3 527 Dennzell Mickelson	12	Richland	39.79 6
4 518 Anthony Galat	11	Richland	41.15 5
5 335 Bryan Anderson	9	Mead	41.29 4
6 769 Garrett Norris	11	Mead	41.50 3
7 356 Ian Montgomery	12	Mead	42.11 2
8 758 Rob Thonney	11	Walla Walla	43.10 1

Boys 4x100 Meter Relay 4A

Regional: 41.7h R Foss & Puyallup

42.34 STAT State Min. Standard

Team	Relay	Prelims
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Preliminaries

1 Walla Walla		42.37q
1) 747 Robert Miller 12	2) 739 Stuart Gillin 11	
3) 742 Darnell Handcox 11	4) 738 Ethan Gardner 10	
2 Lewis and Clark		42.70q
1) 302 Coleton Fitzgerald 11	2) 310 Deandre Williams 12	
3) 305 Nigel King 12	4) 760 Rashad Hill 9	

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Results

Preliminaries ... (Boys 4x100 Meter Relay 4A)

Team	Relay	Prelims
3 Mead		42.90q
1) 351 Clayton Leslie 9	2) 347 Gunnar Kayser 12	
3) 768 Austin Stone 12	4) 337 Davian Barlow 12	
4 Richland		43.50q
1) 532 Ivan Popovich 11	2) 533 Payton Radliff 11	
3) 528 Sky Mitchell 12	4) 511 Matt Chalmers 12	
5 Central Valley		44.67q
1) 43 Justin Fayant 11	2) 47 Miguel Gonzalez 12	
3) 58 Grayson Sykes 12	4) 38 Adam Chamberlain 11	
--- Joel Ferris		DQ
1) 194 Jalen Hicks 10	2) 191 Adam Croteau 12	
3) 778 Cole Karstetter 11	4) 188 Keegan Bray 10	

Boys 4x100 Meter Relay 4A

Regional: 41.7h R Foss & Puyallup
42.34 STAT State Min. Standard

Team	Relay	Finals
1 Walla Walla		42.37 10
2 Lewis and Clark		42.70 8
3 Mead		42.90 6
4 Richland		43.50 5
5 Central Valley		44.67 4

Boys 4x400 Meter Relay 4A

Regional: 3:17.2h R 1982 Wilson
3:22.05 STAT State Min. Standard

Team	Relay	Prelims
1 Central Valley		3:24.08q
1) 58 Grayson Sykes 12	2) 35 Anthony Brines 12	
3) 47 Miguel Gonzalez 12	4) 38 Adam Chamberlain 11	
2 Mead		3:24.50q
1) 777 Aj Layton 10	2) 361 Daniel Schofield 12	
3) 355 Nate Medellin 12	4) 337 Davian Barlow 12	
3 Chiawana		3:27.85q
1) 92 Cortez Ruiz 10	2) 97 Joshua Wilson 9	
3) 83 Nick Cooper 10	4) 91 Tyler Morris 12	
4 Lewis and Clark		3:28.53q
1) 302 Coleton Fitzgerald 11	2) 310 Deandre Williams 12	
3) 301 Kenny Collins 10	4) 761 Kevin Moore-Young 10	
5 Walla Walla		3:30.03q
1) 747 Robert Miller 12	2) 759 Ben Wolpert 11	
3) 758 Rob Thonney 11	4) 738 Ethan Gardner 10	
6 Richland		3:33.72q
1) 532 Ivan Popovich 11	2) 537 Jonah Sandoval 9	
3) 515 Aidan Emerick 11	4) 539 Elijah Shelby 10	
7 Joel Ferris		3:34.06q
1) 187 Sam Bloom 10	2) 188 Keegan Bray 10	
3) 778 Cole Karstetter 11	4) 192 Kramer Geren 12	

Boys 4x400 Meter Relay 4A

Regional: 3:17.2h R 1982 Wilson
3:22.05 STAT State Min. Standard

Team	Relay	Finals
1 Central Valley		3:24.08 10
2 Mead		3:24.50 8
3 Chiawana		3:27.85 6
4 Lewis and Clark		3:28.53 5
5 Walla Walla		3:30.03 4
6 Richland		3:33.72 3
7 Joel Ferris		3:34.06 2

Boys High Jump 4A

Regional: 6-11.25 R 1980 James Cunningham
6-05.00 STAT State Min. Standard

Name	Yr	School	Finals
1 59 Max Sykes	10	Central Vall	6-02.00 10
2 524 Jesse Malone	11	Richland	6-00.00 8
3 94 Austin Sparks	12	Chiawana	6-00.00 5.5
3 339 Galen Camp	12	Mead	6-00.00 5.5
5 755 Brian Seekamp	12	Walla Walla	6-00.00 4
6 118 Nicholas J Johnson	9	Gonzaga Prep	6-00.00 3
7 360 Tanner Peterson	12	Mead	6-00.00 2
8 751 Alexander Pickel	12	Walla Walla	5-10.00 0.3
8 198 Jared Schmick	12	Joel Ferris	5-10.00 0.3
8 92 Cortez Ruiz	10	Chiawana	5-10.00 0.3
11 346 Thomas Kautzman	10	Mead	5-10.00
12 121 Alex Paukert	12	Gonzaga Prep	5-08.00
12 48 Liam Howard	10	Central Vall	5-08.00
12 304 Marcus King	12	Lewis and Cl	5-08.00
12 536 Deric Samples	12	Richland	5-08.00
12 476 Isiah Sprinkle	12	Pasco	5-08.00
12 757 Zach Telfer	11	Walla Walla	5-08.00
18 39 Ben Craig	9	Central Vall	5-06.00

Boys Pole Vault 4A

Regional: 15-06 R 2005 Chris Smith
14-06.00 STAT State Min. Standard

Name	Yr	School	Finals
1 358 Blase' Neumann	12	Mead	14-06.00 STAT
2 756 Peter Sirmon	12	Walla Walla	14-00.00 7
3 354 Colton McLendon	11	Mead	14-00.00 7
4 364 Aleks Vasilyev	10	Mead	13-06.00 5
5 342 Korey Jacque	11	Mead	13-00.00 3.5
6 90 Nathan McBride	12	Chiawana	13-00.00 3.5
7 42 McKay Demars	12	Central Vall	12-06.00 1.5
8 745 Garret Kenny	12	Walla Walla	12-06.00 1.5
9 542 Conner Smith	11	Richland	12-00.00
10 345 Jackson Kadel	12	Mead	11-06.00
11 749 Roark Nelson	10	Walla Walla	11-00.00
11 543 Larry Still	10	Richland	11-00.00
--- 33 Derek Bischoff	12	Central Vall	NH

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Finals ... (Boys Pole Vault 4A)

Name	Yr	School	Finals
--- 44 Tyler Fox	12	Central Vall	NH
--- 93 Roman Ruiz	9	Chiawana	NH
--- 538 Walker Seely	9	Richland	NH

Boys Long Jump 4A

Regional: 24-02.50 R 1996 Brian Merlett

22-10.50 STAT State Min. Standard

Name	Yr	School	Finals
Finals			
1 112 Jack Bamis	10	Gonzaga Prep	22-04.00 10
2 533 Payton Radliff	11	Richland	22-02.50 8
3 194 Jalen Hicks	10	Joel Ferris	22-00.00 6
4 348 Wyatt Langenheder	12	Mead	21-08.75 5
5 201 Alex Tullos	12	Joel Ferris	21-04.50 4
6 34 Parker Bowden	10	Central Vall	20-10.75 3
7 528 Sky Mitchell	12	Richland	20-06.50 2
8 94 Austin Sparks	12	Chiawana	20-02.25 1
9 756 Peter Sirmon	12	Walla Walla	20-00.00
10 362 Phillip Sims	12	Mead	19-11.75
11 355 Nate Medellin	12	Mead	19-11.50
12 468 Ryan Best	10	Pasco	19-07.25
13 200 Isaiah Troutt	11	Joel Ferris	18-11.50
14 742 Darnell Handcox	11	Walla Walla	18-07.75
15 86 Dre'Sonte Dorton	10	Chiawana	18-06.00
16 476 Isiah Sprinkle	12	Pasco	17-10.00

Boys Triple Jump 4A

Regional: 49-11.25 R 1986 Henry Brown

44-11.75 STAT State Min. Standard

Name	Yr	School	Finals
Finals			
1 200 Isaiah Troutt	11	Joel Ferris	45-09.50 STAT
2 194 Jalen Hicks	10	Joel Ferris	43-06.50 8
3 112 Jack Bamis	10	Gonzaga Prep	43-05.75 6
4 201 Alex Tullos	12	Joel Ferris	43-00.75 5
5 349 Andrew LaVoie	12	Mead	42-07.75 4
6 468 Ryan Best	10	Pasco	42-04.75 3
7 336 Andrew Baird	12	Mead	42-04.50 2
8 299 Connor Black	11	Lewis and Cl	41-06.75 1
9 34 Parker Bowden	10	Central Vall	40-11.25
10 528 Sky Mitchell	12	Richland	40-02.00
11 541 Bryton Slocombe	11	Richland	39-10.00
12 91 Tyler Morris	12	Chiawana	39-01.75
13 477 Trevin Sprinkle	10	Pasco	38-07.75
14 519 Jacob Guffey	12	Richland	37-04.00
15 522 Jared Kraus	9	Richland	36-02.50

Boys Shot Put 4A

Regional: 64-00.25 R 1964 Dave Janet

56-04.00 STAT State Min. Standard

Name	Yr	School	Finals
Finals			
1 202 Damon Unland	12	Joel Ferris	53-00.75 10
2 753 Logan Reardon	12	Walla Walla	52-07.50 8

3 521 Tyler Jackson	12	Richland	51-03.00 6
4 309 Michael Vanwert	12	Lewis and Cl	49-05.50 5
5 344 Jonah Jordan	11	Mead	47-02.50 4
6 36 Shawn Buck	12	Central Vall	46-08.25 3
7 55 Shayne Riordan	11	Central Vall	46-06.00 2
8 509 John Boynton	11	Richland	45-05.25 1
9 365 Langston Ward	12	Mead	42-00.00
10 40 Tanner Davis	12	Central Vall	41-11.50
11 752 Quinn Piver	12	Walla Walla	41-00.00
12 512 Tyson Childs	11	Richland	40-01.50
13 84 Danny Dacanay	9	Chiawana	39-08.00
14 60 Josh Wanner	12	Central Vall	39-01.25
15 525 Matt McCranie	12	Richland	37-06.25
16 514 Jacob Ellis	11	Richland	37-02.75

Boys Discus Throw 4A

Regional: 193-02 R 1988 Pat Fiedler

157-06 STAT State Min. Standard

Name	Yr	School	Finals
Finals			
1 202 Damon Unland	12	Joel Ferris	176-01.00 STAT
2 472 Zachary Kreider	12	Pasco	161-10.00 STAT
3 521 Tyler Jackson	12	Richland	155-09.00 6
4 36 Shawn Buck	12	Central Vall	154-05.00 5
5 365 Langston Ward	12	Mead	150-04.00 4
6 753 Logan Reardon	12	Walla Walla	147-09.00 3
7 60 Josh Wanner	12	Central Vall	139-11.00 2
8 40 Tanner Davis	12	Central Vall	138-00.00 1
9 357 Zach Nay	12	Mead	136-05.00
10 736 Nathan Brewer	10	Walla Walla	127-01.00
11 752 Quinn Piver	12	Walla Walla	126-03.00
12 95 Trenton Steach	10	Chiawana	125-11.00
13 352 Mitchell Lowe	12	Mead	124-05.00
14 512 Tyson Childs	11	Richland	121-03.00
15 113 Alex Barry	12	Gonzaga Prep	114-04.00
16 544 Dante Tyler	10	Richland	103-08.00

Boys Javelin Throw 4A

Regional: 203-06 R 2004 Ryan Young

192-05 STAT State Min. Standard

Name	Yr	School	Finals
Finals			
1 341 Luke Hilmes	11	Mead	185-09.00 10
2 54 Austin Rehkow	12	Central Vall	173-03.00 8
3 119 Maverick Johnston	12	Gonzaga Prep	173-02.00 6
4 530 Taylor O Toole	10	Richland	172-05.00 5
5 353 Guilian Luchini	11	Mead	171-05.00 4
6 753 Logan Reardon	12	Walla Walla	168-06.00 3
7 53 Gus Lorge	12	Central Vall	163-08.00 2
8 117 Kerrigan Hough	10	Gonzaga Prep	156-11.00 1
9 45 Colin Gessler	10	Central Vall	155-07.00
10 87 Isais Garza	12	Chiawana	150-06.00
11 748 Nik Miner	12	Walla Walla	146-05.00
12 203 Kirk Unland	9	Joel Ferris	143-05.00
13 84 Danny Dacanay	9	Chiawana	135-08.00
14 751 Alexander Pickel	12	Walla Walla	131-05.00

3A/4A Regional Track Meet - 5/17/2013 to 5/18/2013

Spokane Falls CC

Results

Finals ... (Boys Javelin Throw 4A)

	Name	Yr	School	Finals
15	741 Zach Gilvey	12	Walla Walla	123-06.00
16	510 Johah Brooks	10	Richland	117-03.00

Mixed 100 Meter Run WheelChair

Regional: 16.68 R 2008 Jose' Andriano

	Name	Yr	School	Finals
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Finals

1 516 Asuanti Foner M10 Richland 23.02

Mixed Discus Throw WheelChair

Regional: 44-02 R 2008 Kaleb Kallappa

	Name	Yr	School	Finals
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Finals

1 516 Asuanti Foner M10 Richland 24-08

Mixed Javelin Throw WheelChair

Regional: 26-00 R 2008 Travis Rimestad

	Name	Yr	School	Finals
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Finals

1 516 Asuanti Foner M10 Richland 27-08R